

www.TylerTCF.org

Thanks to Skillern's Business Systems for printing our newsletter!

Skillern's Business Systems 1604 Grande Blvd., Tyler, TX 75703 903-561-5591 • www.skillerns.com

IMPORTANT NOTICE: We have a NEW meeting location!
Please join us at 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762.
We hope to see you at our next meeting!









Volume 18, Issue 5

Tyler, Texas

May 2017

Monthly Group Meeting

Tyler Area Meeting
17555 Hwy. 155 S.

(off Loop 49) Flint, TX 75762

Contact
Phone: (903) 422-0358
www.TylerTCF.org • info@TylerTCF.org
P.O. Box 9714 • Tyler, TX 75711

Steering Committee: David & Teresa Terrell, Mary Lingle, Lisa Schoonover, Cheri Zucca, Don & Leslie Dixon, Janet Majors, Trisha Mann Taylor, Barbara Barton, Heather Ogg

Joan & Bill Campbell, Regional Coordinators: (972) 935-0673 TCF National: (877) 969-0010 www.compassionatefriends.org

The Meeting Agenda

6:30 p.m. - Meeting will begin with refreshments followed by announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.

8:00 p.m. - Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

In This Issue...

Welcome	2
Grief Resources	
Announcements	
Birthdays	.4-5
Anniversaries	.5-6
A Mother's Memories	6
Mother's DayFather's	
DayGraduationsProms	7
Donations	7
Should We Have a Credo for Friends?	8
Sometimes	8
Newsletter Sponsor	
Mother's Day & Graduation	9
Journaling to Heal	9
Poems	10

Butterfly Release

Butterflies will be released in memory of all our children at the 2017 Compassionate Friends Butterfly Release set for Saturday, May 20 at 1 p.m.

The setting for this uplifting and peaceful event will be at The Children's Park, corner of Dobbs and Broadway in Tyler. Volunteers are needed at 8 a.m. on Saturday for setup and after the program for take down. We hope you'll join us for refreshments after the ceremony.

No silent auction will be held this year, rather will be selling raffle tickets for your chance to win one of many beautiful plants.

Live butterflies are for sale for \$10 each and must be reserved in plenty of time for ordering. Please send your check and reservation information to TCF at P.O. Box 9714, Tyler, Texas 75711. Reserved butterflies will be picked up for release the day of the event.

Colorful solid-painted wooden butterflies will be sold for \$20 each at the Butterfly Release; we are not taking special orders for personalized butterflies this year.

We look forward to seeing old friends and meeting new ones at the Butterfly Release! Your presence means everything to this very special event!

Our 2017 Butterfly Release T-Shirts!





Pre-Registration is required this year for your child to be included in the butterfly garden. Please, fill & cut out the form below and mail to PO Box 9714, Tyler, Tx 75711 no later than April 30th. If you are purchasing live butterflies or t-shirt mail your check with the form below.

Child's/Children's name(s):	
	(required)
# of butterflies to purchase(\$10 ea); # of T-shirt's to purchase_	(\$20 ea)
Shirt sizes:	
Your name:	(required)

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



"The lasting gift that any loved one gives us is their presence in our hearts. It is up to us to dedicate ourselves to integrating that loving spirit into our ongoing lives." —Carol Staudacher, from "A Time to Grieve"

Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (held the third Monday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

The Compassionate Friends of Tyler P.O. Box 9714 Tyler, Texas 75711

To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any "oldies" to welcome you, share your grief and encourage you? It was from them you heard, "Your pain will not always be this bad; it really does get softer."

Grief Resources

Note: Some resources are based on individual opinion and experience and are not officially endorsed by the organization. The hope is that you may find a grief resource helpful to you and your family. We will continue to build on our resources column. Please let us know of any of your personal recommendations. Thank you.

Compassionate Friends (International Website) compassionatefriends.org Also offers grief support for **siblings** & **grandparents**

Children Are A Gift Foundation: www.childrenareagift.com

GriefShare: www.griefshare.org

MADD East Texas (Mothers Against Drunk Driving) www.madd.org/local-offices/tx/east-texas

Smith County Victim Services Division www.tdcj.state.tx.us/divisions/vs/counties/smith.html

The Hospice of East Texas: www.hospiceofeasttexas.org

Victim Services Division - Texas Department of Criminal Justice - Online Resource Directory www.tdcj.state.tx.us/divisions/vs

Survivors of Suicide: www.allianceofhope.org

Samaritan Counseling of Tyler: www.scctyler.org

Tyler Counseling & Assessment, LLP: www.tyler-counseling.com

Angel Layettes brings comfort to families grieving over the loss of an infant from miscarriage, stillbirth or death shortly after birth, and honor and dignity to the memory of the precious baby. Angel Layettes provides without charge custom designed burial layettes and keepsakes.angellayettes.org • 903-534-5212

University of Texas at Tyler Psychology and Counseling and Training Clinic: 903-593-2348

The Cope Foundation: www.copefoundation.org

Grief Camps for Kids: www.moyerfoundation.org/programs

WINGS was established through Hospice of East Texas in 1993 to help children navigate the grieving process. WINGS, "a comprehensive bereavement program that provides both emotional support and grief education," offers a camp (Camp G – grieve, grow and go forward) twice a year. For more information or to register for a grief support program, contact the Hospice of East Texas Bereavement Department at 903-266-3400 (Extension 127) or call 1-800-777-9860.

Group Meetings for Survivors of Trauma and Survivors of Suicide Loss, sponsored by Michael's House of Hope at the New Life Worship Center, 18535 Hwy. 69 S., Tyler, room 620. Call Dr. Timothy M. Roddam at 903-681-3161 for more information. Survivors of Trauma meets the the second Thursday of each month from 6-7 p.m.



We're on Facebook! Search for The Compassionate Friends of Tyler and Like our page.



The Compassionate Friends

The Compassionate Friends of Tyler

P.O. Box 9714 Tyler, TX 75711

We are happy to send our newsletter to you. We hope that it is helpful to you to be kept informed of chapter resources and activities and that you still wish to receive our newsletters that contain excellent material relating to grief issues.

To keep our mailing list current, we do ask to hear from you each year making sure that our information is correct and that you still wish to receive our mailings. If we did not hear from you in the last year please indicate any appropriate choices below and return the form to the address at the bottom of this page.

Your Name:	16		
Child's Name:		Relationship:	
		Cause of Death:	
Address:			
			Zip:
Home Telephone:			
Please check any of follo	wing that apply:		
☐ Due to the rising cost	of postage, please send newsletters	via email. My email a	ddress is
☐ I prefer not to receive address you have on file		uld like to continue ha	iving a hard copy sent to the mailing
☐ Please update my mail	ling address:		
☐ No thank you, I'd pre	fer to stop receiving the newsletter	. (Newsletters are post	ed monthly on our webite.)
☐ Please include my child	I's name and picture in the slide pres	entation at the Candle I	ighting Ceremony.
☐ Please include my child	I's picture and information on the TC	CF Tyler Web site. (www	v.TylerTCF.org)
☐ I am enclosing a memo	rial to support The Compassionate F	riends in the amount of	
☐ In memory of			Please make check payable to TCF
	☐ TCF Newsletter ☐ Butterfly Relea		
	napter's work depends on donations. It can be a gift on sider taking this time to give a gift		e opportunity to give a donation in mem- to other newly bereaved parents.
Lighting Ceremony or any		e withdrawn at any time	ure in the newsletter, Web site, Candle e by written request. This information is ter activities such as the newsletter.

Please return completed form to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, TX 75711

(Signature)

Date:

"Don't be afraid to cry in front of, or with your children. They need to know that it is alright to cry." —Kim Brundt

We need not walk alone.

"Just as her living made me want to be a better person, her dying will make me a better person if I allow it, because I now carry her with me. I will strive to do and see life the way she would have if she could have stayed here longer." —Julie Short

May Birthdays



Tami Kay

Brown Roberts

Stewart

Jared Sheets



Morales



Boston Kade





Caleb Herrera



Joshua Carl Tucker



Sara Ann **Plocheck**



Blythe Madison Harper



Colton Denney



Mahlon Acres



Stephanie Harris

Brian David Shanna Marie



Redmond



Randall Scott

McDaniel

Justin Bloxom



Austin Arvizo



Dustin Dewayne Bruce





King



Michael Angelo Perez



Shane Odening



Stephanie Carol Hester



Kody Dale Hughes







Cashley Sha'Rae Jackson



Herrington



Massev





Jerry Owen

Edwards, Jr.



Andrew Weldon Braswell



Thompson



Terry Brendon

Matthew Lehew

Continued on next page.

Mother's Day & Graduation

After my daughter Kyra died on November 14 of 2004, one of my first thoughts was I am no longer a mother, because Kyra was my only child. It didn't take me long to realize that that was not true, I am and always will be Kyra's mom. As I have walked my grief journey I have found myself referring to grief as labor. It then came to me that for me, losing Kyra was like giving birth in reverse. I experienced intense emotional and physical pain that I wondered if I could endure, similar to the physical pain of labor, only in grief it lasts for weeks, months and years. It took my breath away, brought me to my knees and often I found myself crying out in anguish and anger, like child birth. It has been over a year and a half since Kyra died and I have felt a break in the pain. It has started back up recently due to graduation but I know it will ease some after May. Some women experience false labor leading up to the birth of their child. I think that those intense pains that come from out of no where and last only a short time is something that I will forever experience. I now realize, that in letting go of her death, I can embrace and carry her spirit with me always. So, I liken grief to giving birth in reverse.

I go from Mother's day to Graduation, because Kyra would have graduated from High School at the end of May. Graduation was something I knew would be hard for me to endure without her here, alive and being part of the celebration. I thought about what Kyra graduating would mean to me and it didn't take me long to come up with, it was going to be my day to celebrate. Kyra was an intelligent child with a low attention span, a need to talk, and lower than I would have liked motivation. It was a frustration that her teachers and I shared. So, homework time was a challenge and I used motivational charts, rewards and even punishment. But, I quickly found that you can't force someone to be motivated and went back to encouraging. I knew that she would come around and become motivated and I started seeing it her Junior year the year she died. I thought that graduation would be the reward for all the long nights and constantly trying to encourage and motivate. Well, it's not to be and I had to decide how will I endure graduation. I began to think about all she is missing. I believe in Heaven so I don't believe she is missing any joy or good times, because I believe she is now experiencing indescribable joy and unimaginable good times. The reality of what she is missing is, she is missing misery, pain, frustration, disappointment, a broken heart, grief, hopelessness and agony. And I am missing her incredible, joy and zest for life, her strong faith, beautiful smile and her wonderful heart.

As I close I remember when I was pregnant with Kyra, I took two helpings of food because I said I'm eating for two. Now I will try my best to live life to the fullest and be all that I can because now I'm living for two. Just as her living made me want to be a better person, her dying will make me a better person if I allow it, because I now carry her with me. I will strive to do and see life the way she would have if she could have stayed here longer.

Julie Short ~ In Loving Memory of Kyra ~ TCF, Southeastern, IL

Journaling to Heal

Each time I look back over my grief journey, I remember the important role that journaling played in my first and second years of grief. Handwritten entries, some sentences, sometimes just a few words describing my emotions, helped me to define where I was in my daily life. As I review the tear-stained pages, I am reminded of the deep, deep pain and the catharsis of the journal. Whether I was angry, in pain, deeply depressed or just too exhausted to think, I wrote a few words, maybe even a few lines each day. I saw it as my connection to my son.

As time progressed, my journaling became writing and eventually I returned to the computer and began forming coherent thoughts and sentences, with subjects and messages to my child, myself and to others. But the process started with the healing of the journal. I learned to be very honest with myself in my journal because I never shared it with anyone. I didn't put on a mask or rationalize in my journal, as no one else would be reading it. I was completely candid, and I soon recognized my weaknesses, regrets, strengths and successes. Pure honesty and great insight were achieved in my journal's conversation with myself.

Grief therapists recommend journaling to bereaved parents quite frequently. Some people are able to find an outlet for their daily roller coaster of emotions through journaling. Some seek answers and others seek questions. Many parents feel they are connecting with their child through their journal. There are as many reasons to journal as there are types of journals.

While journaling may not be for everyone, we encourage each of you to at least attempt it for a week. Give it your best effort. If, as some have found, it offers you nothing and is a chore, not a treasured time, then stop and seek other forms of outlet. But if, as many have found, it offers you a place for your thoughts, your messages, your self-revelation and self-evaluation as well as a refuge from the world, then by all means, continue to journal.

Annette Mennen Baldwin In memory of my son, Todd Mennen TCF Katy, TX

The Compassionate Friends The Compassionate Friends

"The pain doesn't end. It simply reshapes itself into a quiet, soft ache that gives us a gentle, often tearful, reminder that our child will always be with us. And perhaps that is as it should be." — Annette Mennen Baldwin

May Anniversaries Cont.







Jerry Owen Edwards, Jr.



Natalie Whitehead



Jasmine Elizabeth **Thomas**



Chase Cyrus Naguin



Crystal Cudd



Kara Belanger



Dwayne Russell



Alyssa Howerton



Pablo Salinas



Ana Danniel

Franklin

Keith Padgett



Allison Hiett

Brandon

Weatherly



Terry Haley

Kaila McKinsey

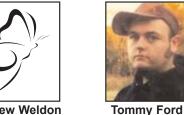
Payne



Tyler Steven Galpin



Andrew Weldon Braswell





Ryan Goff

A Mother's Memories

The kaleidoscope of my mind holds millions of memories of my son, Todd. The small flutter announcing himself. A tiny fist grabbing my fingers for the first time. A one year-old's blue blanket as he stroked its border with one hand and sucked his thumb with the other. Matchbox cars. A red tricycle. Building model cars. His first bicycle. A concussion. A saucer sled. His first "big boy" bed. Giggling until hiccups overtook him. His best Halloween costume. His white poodle, Fluffy. His lifetime best friend, Allen. Winning in track. Purple tennis shoes. Purple walls. Pink Floyd. The four-year paper route. Sunday mornings driving him on the paper route. His first car. His first GTO and the sound of the engine. The basketball hoop on the garage roof and the thump-thump of "shooting" into the night. The first prom. High School graduation with Grandpa in attendance. College days. Tears at Allen's sister's funeral. A 12-year restoration of a 1965 GTO. Car Shows. The new business after graduation. Marriage with Grandpa in attendance. First house. His children. Acceptance to A&M. Graduation with an MBA from A&M with Grandpa in attendance. New job in the corporation. Tears at Grandpa's funeral. Building a new home in Austin. The laughter he shared with his children. The joys he gave to me. The meaningful relationship with my adult child. The last day I saw him. The last conversation. There are books of details in each thought. A mother's memories glide effortlessly into the future. And that is as it should be.

Annette Mennen Baldwin, In memory of my son, Todd Mennen, TCF Katy, TX





"Life goes on whether we want it to or not. Thank God for TCF-a sanctuary where others know how I feel and where I'm coming from. A 'family' who gives me the love and support I need to go on." —Jenny Feyt

Mother's Day...Father's Day...Graduations...Proms

Spring comes—and with it comes the uneasy awareness of difficult days ahead. For those who are still going through all the "firsts" without your child, we share with you some special ways other parents have coped and managed. Mother's Day...Father's Day...graduations...vacations...these are special family times which often catch us unaware and bring unexpected tears and painful memories of young lives cut short. It does get better! And you can make these special days better with some planning and with encouragement from those who have already been there. Whatever the "special day" that lies ahead for your family, try to focus on doing something meaningful and tangible in remembrance of your child. Share as a family thoughts and suggestions about planting a tree or starting a rose garden, donating a book to the library or school, putting flowers on the altar, lighting a special candle or taking that long talked-of vacation. Tears and moments of sadness are okay, for they are expressions of love.

Remember:

- Take one day at a time.
- Keep things simple by playing down the holidays and special days, while they are so painful.
- Change your routine from past years.
- Make plans to be "busy" during at least part of the day (go out to lunch or to a movie, or visit friends).
- · Give your older children some "space." They not only feel your extreme sadness at these times; they also have their own feelings to deal with.

The anticipation is often worse than the day itself!

From Fox Valley TCF Chapter, Aurora, IL

Thanks for your donations and continued support of TCF of Tyler.

In loving memory of Alex Conway by Robert & Trisha **Taylor**



In loving memory of **Andy Terrell by David & Teresa** Terrell



In loving memory of Chris O'Leary by Merri Walsh



In loving memory of Leah Zucca by lim & Cheri Zucca



In loving memory of **Chad Cavazos by Dale Cavazos**



In loving memory of **Christopher Loper** by Tina Loper



In loving memory of Jared Sheets by Carol & Shane Johnson



In loving memory of Stephanie Settle by Danny & Pat Settle



Please share your stories, poems or love messages for inclusion in our newsletter.

The Compassionate Friends The Compassionate Friends

"Romance fails us and so do friendships, but the relationship of parent and child, less noisy than all others, remains indelible and indestructible, the strongest relationship on earth." —Theodore Belk

Should We Have a Credo for Friends?

We are the friends of those who lost their children to death. We want to be part of your grieving by helping you, our friends, through this very difficult time. We do not know what to say and might inadvertently say the wrong thing. We need you to help to tell us when this happens. Most of all, we want you to know that we hurt with you. You are our friends and we feel helpless.

We do not want to force you to hurry with your grieving, but we want you to make us part of it. We do not know your pain and hope that we never will, but we feel your pain because we care for you.

We are here to listen, so you may talk to us about your loved one. If we were not privileged to know your child, tell us about your child so we also understand the special person he or she was. Most of all, trust us, we are here when you need us.

We will not ask you to show a happy face when sadness is in your heart. We will not diminish your grief by uttering useless phrases like "God must have wanted your child more than you." We know that in time we will once again see you smile. But we are willing to wait until you are ready. We are "The Friends of those who Grieve" and we have compassion for your loss.

Karin Powell, TCF Volusia/Flagler, FL

Sometimes

Sometimes, something clicks, and with a tear, remembrance of the pain and the loneliness floods the heart. Sometimes, something clicks, and with a smile, remembrance of the love and the laughter floods the senses.

And there are times when nothing clicks at all and a voice echoes through the emptiness and numbness, never finding the person who used to fill that space.

And sometimes the most special times of all a feeling ripples through your body, heart, and soul that tells you that person never left you, and he's right with you through it all.

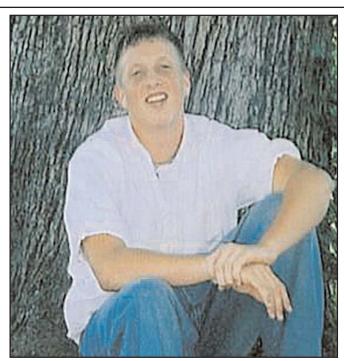
Newsletter sponsorship is \$75. Contact us if you'd like to be a sponsor in memory of your loved one.

Kristen Hansen, TCF Kenifield, CA

Jared Sheets

In loving memory of Jared

Jim & Linda Crawford



This month's newsletter is sponsored by Jim & Linda Crawford.



"Of course, nothing can wipe away much of your pain, but sharing grief is helpful. You will know that after you have expressed the painful sorrow you once kept hidden, and you find yourself, finally, smiling at the memories and the blessings of past summertimes." —Sascha Wagner

May Birthdays Cont.



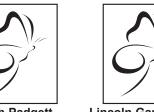
Vanessa Wilcox



Crystal Cudd



Cheyenne Lackey



Keith Padgett



Lincoln Garyt Allen







Robbie Kempker



Terry Haley

We hope to see you at the **Butterfly Release in May!**

May Anniversaries





Samantha Johnson



Brad (BJ) Huggins





Joshua Jolley









Kendrick Clark



Jon Lee Hardwick



Alexander Fleming





Stephanie Settle

Terry Wayne Brown



Marshall Charles Donahue

Leah Zucca



Robb

Melissa Elaine Majors



Jarren Moser

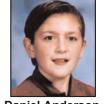
Hightower







Brady Bryant



Daniel Anderson







"The joys he gave to me. The meaningful relationship with my adult child. The last day I saw him. The last conversation. There are books of details in each thought. A mother's memories glide effortlessly into the future. And that is as it

should be." —Annette Mennen Baldwin

The Butterfly

I asked God to send me one so I would know, She is in heaven with beautiful wings she is proud to Show, And sure enough on that day It was fluttering around me and I knew it was her Trying to say... Tell everyone I'm fine, Tell everyone I'm great, And when it's theirs and your turn, I'll be waiting for you at those pearly gates. And until then I will be here Watching over you until you appear Until then you will know if you're smart, I'll be forever and always in your heart. So live like there is no tomorrow and smile everyday, For you know you will see me, When you spread your wings and finally come home To Stay.

> By Caitlin Daniels, April 26, 2004 In Memory of Sarah D. Harvey

Seasoned Grief

From We Need Not Walk Alone, Spring 1999 Issue There used to be a point to summing up a year just past not as a personal accomplishment but as a reflection. Leaving previous hurts behind was welcomed and the sensible thing to do. I thought I was getting wiser as I was getting older.

With new years clean and full of possibilities. becoming another person seemed simple, another chance at getting it right, like a redemption, being forgiven for having blundered or been found wanting.

But death changed everything, without permission. Resolutions, made sincerely and broken quickly, offended my need to hold on to the past, to rewind life, fast backwards, so I could capture what I had lost.

Still, time went on, regardless of my pleas. And when exhaustion set in, as eventually it must. I understood there would be another future, not the one I thought I had the right to expect but one where I dared carry hope in my heart again.

©1999 by Eva Lager, TCF Perth, Western Australia

Early Spring Drive

Young leaves of green and yellow, falling too soon before my windshield in early spring, remind me that the natural order may summon its own variance.

These leaves will not flutter gracefully as expected on trees of spring and summer, shading, cooling and delighting.

They have fallen to the ground long before their season, knowing other leaves will join them in future autumn.

> Carol Thompson, TCF Tyler, Texas In memory of Sarah, 3-7-2007

It Will Be Another Birthday Without You

The sun will shine roses bloom, geese fly throughout the sky

stocks will trade. the weatherman predict politicians debate

it'll seem like another day just a day, same 24 hours not a special holiday

But to this mother who will stand at the grave lifting balloons into the sky

serving angelfood cupcakes with rainbow icing coated with tears

fluctuating between emotions: the grief over death the celebration over birth

For this mother it will be yet another birthday without you.

In Memory of Daniel

Alice J. Wisler, TCF Wake County, NC



"Tears and moments of sadness are okay, for they are expressions of love." —Unknown

Love Gifts



Thanks to the following people who make a MONTHLY **LOVE GIFT to TCF of Tyler:**

> (For monthly donors we will post photos of your children.)

Merri Walsh in memory of Chris O'Leary - rent Carol & Shane Johnson in memory of Jared Sheets - rent

Danny & Pat Settle in memory of Stephanie - rent

Jim & Cheri Zucca in memory of Leah - rent

Robert & Trisha Taylor in memory of Alex Conway - rent Barbara Barton in memory of Lindsey - rent

Dale & Phyllis Cavazos in memory of Chad - newsletter

Tina, Johnathan & Heather Loper in memory of Christopher - TCF Phone

David & Teresa Terrell in memory of Andy use of a storage building

See more love gifts on page 7.





Newsletter Submissions

TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, Texas 75711. Or e-mail text and photos to: info@TylerTCF.org; We reserve the right to edit for space and/or content.

Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source.

Errors and Omissions: We try very hard to be sure that all of the names and dates of our children are correct. If you see an error in the newsletter, please contact TCF at 903-422-0358. We want to get it right and will correct the information for future use. Thanks very much.

Email Addresses: If we do not have your email address or it has changed, please email it to info@tylertcf.org so that we may email you announcements and updates about TCF of Tyler.

Sign up for email notifications of events and to be notified when the newsletter is posted online at: www.tylertcf.org

Announcements

NEW MEETING PLACE! The new meeting location is 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762. Our meeting is held on the third Monday of the month at 6:30 p.m. For more information, please call 903-422-0358.

Steering Committee Meeting: If you are interested in participating in our chapter by serving on the steering committee, please plan to attend a steering committee meeting. Anyone who would like to become more involved in TCF and serve on the steering committee is welcome to come! Steering meetings are every third Thursday at 11:45 a.m. at Fuzzy Taco Shop (working lunch) located at 1871 Troup Hwy., Tyler, TX 75709.

News from National: Compassionate Friends National offers webinars for the public on grief related topics. Upcoming public webinars will include Death of a Child By Suicide, Pregnancy and Infant Loss, The Death of a Special Needs Child and How Can I Help When A Child Dies? Check out www.compassionatefriends.org for dates and times.

VOLUNTEER OPPORTUNITY!

Dear TCF Members,

As always, we welcome volunteers to serve in any capacity within our group, including sending out birthday and anniversary cards each month. We would like to get two people per month, as it's getting to be a lot for one person to do.

Sincerely, Cheri & Trisha

Join us for our Annual Butterfly Release in May!



