



Volume 12, Issue 10

Tyler, Texas

October 2011

Monthly Group Meeting Tyler Area Meeting

Monday, Oct. 17, 6:30 p.m. 3600 Old Bullard Rd., Bldg. 1, Ste. 101B, Tyler Jacksonville Meeting Tuesday, Oct. 4, 6:30 p.m. Sam Smith's office, 1401 E. Rusk Lufkin Meeting Thursday, Oct. 20, 6:30 p.m. Southside Baptist Church, 1615 Tulane Drive

Contact

Phone: (903) 258-2547 www.TylerTCF.org • info@TylerTCF.org P.O. Box 9714 • Tyler, TX 75711

Chapter LeaderTina Loper Meeting Facilitators Tyler Don & Leslie Dixon, Cheri Zucca Meeting Facilitators Lufkin Sherri Tutt, Lauri Maner Newsletter/Web SiteMary Lingle Steering Committee: Sam Smith, Carol Johnson, Carol Thompson, Mary Ann Girard, Cheri Zucca, Mary Lingle, David & Teresa Terrell, Janet Majors, Don & Leslie Dixon, Kathy McKinney, Margie Newman, Pat Settle, Lisa Schoonover

Joan & Bill Campbell, Regional Coordinators: (972) 935-0673 TCF National: (877) 969-0010 www.compassionatefriends.org

The Meeting Agenda

6:30 p.m. - Meeting will begin with refreshments followed by announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.

8:00 p.m. - Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

In This Issue...

Welcome	2
Times of Remembrance	2
Love Gifts/Announcements	3
Birthdays	4
Anniversaries	5
SEPTEMBER 8, 2011	6
What Is Left?	6
A Suicide Survivors Beatitudes	7
Poems	8

Shared Thoughts on Healing

Healing is the one gift all bereaved parents & siblings are searching for. Because our pain is so all consuming and overwhelming, it makes us feel that it would be impossible to laugh or be happy again. We and all those around us want the impossible, which is to return to the way we were before the death of our child or sibling.

The shock of our loss usually insulates us, which helps us to get through those first few weeks of grief, but unfortunately that is about as long as some of our friends and family will hang in there with us. We are grieving for our child or sibling, but most friend's primary grief is for us and the pain we are going through, their tolerance for our extended grief wears thin. They want us to hurry and feel better so that their pain will go away.

About this time even we ask ourselves, "when will I feel better?" I can remember, after Doug's death, of wondering if the pain would ever ease. Life seemed so pointless and without hope. Just to survive a day seemed so difficult and demanded every ounce of strength I had.

Gradually, (and never as soon as we would like it to come), we do feel a glimmer of hope for some small interest in life again. No matter how small our accomplishment, we need to recognize this as healing. Little by little our empty feelings diminish, even though they are not gone. Since our healing time is proportionate to our loss, the road is very long and hard.

We at Compassionate Friends, have traveled the road. We never want to forget our loved ones. Our child or sibling died, but the love lives on, and what ever we were to one another, we still are. Healing is not forgetting, it's remembering without pain.

Our deep pain blocks our objectivity, but someday this agony (and the love for our child or sibling) will bring us new meanings about life. We have to choose our own path for peace and healing.

During your grief, if you feel more compassionate toward another's loss, refine your priorities, are less judgmental, want to ease someone's pain, or can remember your loved one without intense pain. You are healing!

Come share-we need one another to get to the other side of grief.

God Bless, Marie Hofmockel ~ TCF, Valley Forge, PA

Please share your stories, poems or love messages for inclusion in our newsletter.

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.

"Sometimes our light goes out but is blown again into flame by an encounter with another human being. Each of us owes deepest thanks to those who have rekindled this inner light." —*Albert Schweitzer*

Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (held the third Monday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

> The Compassionate Friends of Tyler P.O. Box 9714 Tyler, Texas 75711

To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any "oldies" to welcome you, share your grief and encourage you? It was from them you heard, "Your pain will not always be this bad; it really does get softer."

Times of Remembrance

I have found in the years that have passed that I am most vulnerable at times of remembrance.

The word "anniversary" no longer holds a promise of celebration. Instead, holidays and birthdays, family gatherings and otherwise joyous occasions contain an undertow of sorrow.

If I get caught up in it, I quickly get pulled under and wind up gasping for breath.

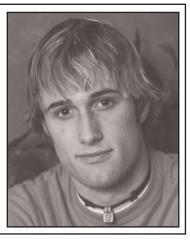
It is ironic that the presence of an absence can be so emotionally devastating.

Bill Jenkins

Please share your stories, poems or love messages for inclusion in our newsletter.

This month's printing of our newsletter sponsored by Bobby & Jean Gimble.

In loving memory of Cason Gimble 10-21 ~ 9-9 Grandson of Bobby & Jean Gimble



This month's printing of our newsletter sponsored by Lisa Schoonover.

In loving memory of Jake Schoonover 9-15 ~ 10-29 Son of Lisa Schoonover



Call (903) 258-2547 to sponsor a monthly newsletter.

"There is risk in embarking upon any new path. There is, however, little surprise or wonder or even accomplishment in traveling the same old road." —*Unknown*

Love Gifts

Y Y Y

Clay & Tammie Williams in memory of Grant

Martha Lewis in memory of Burke

Mary & Erin Lingle in memory of Candice



Thanks to the following members who have made a rent donation for our meeting place this month:

Merri Walsh in memory of Chris O'Leary Tina, Johnathan & Heather Loper in memory of Christopher

Thanks to the following people who make a MONTHLY LOVE GIFT to TCF of Tyler:

Claudette Brown in memory of Terry Wayne Dale & Phyllis Cavazos in memory of Chad Sam Smith in memory of Stacey use of his office for the Jacksonville meeting David & Teresa Terrell in memory of Andy use of a storage building

Newsletter Submissions

TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: TCF Tyler, 5401 Hollytree Drive, 1204, Tyler, Texas 75703. Or e-mail text and photos to: info@TylerTCF.org

We reserve the right to edit for space and/or content. Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source. Errors and Omissions: Please notify us if any of your information is incorrect.

Email Addresses: If we do not have your email address or it has changed, please email it to Tina or Pat so that we may email you announcements and updates about TCF of Tyler. Tina's email: libluebutterfly6@gmail.com ~ Pat's email: beachbum2201@gmail.com

Thank you for your generous donations to TCF of Tyler. These 'love gifts' allow us to provide our local chapter with special events, the TCF Newsletter, our Web site and more!

Announcements

The Stephen F. Austin School of Theatre production of "Rabbit Hole" will be held at the W.M. Turner Auditorium in Nacodoghes October 4-8. Tickets are \$12 for adults and \$6 for seniors. There will be a symposium "Survived by..." to accompany the production and a special presentation each day of the play. The symposium will focus on the 'grieving process.' On Saturday there will be several speakers including some from The Compassionate Friends participating on the panel. For more information visit

www.theatre.sfasu.edu/onstage.php?link=mainstage.

Tyler TCF Meeting (New Location): The meeting in Tyler is held on the third Monday of the month, 6:30 p.m., at 3600 Old Bullard Rd., Bldg. 1, Ste. 101B in Tyler. For more information, please email beachbum2201@gmail.com or lilbluebutterfly6@gmail.com, or call 903-258-2547.

Jacksonville TCF Meeting: The meeting in Jacksonville is held on the first Tuesday of the month, 6:30 p.m., at Sam Smith's office, 1401 E. Rusk, Jacksonville. For more information, please email beachbum2201@gmail.com or libluebutterfly6@gmail.com, or call 903-258-2547.

Lufkin TCF Meeting: Join us at the Lufkin meeting held at 6:30 p.m. every 3rd Thursday of the month at Southside Baptist Church, 1615 Tulane Drive, Lufkin, TX 75901. For more information, contact Lauri Maner at 936-854-2002 or Sherri Tutt at 936-404-9517.

The Touched by Suicide meeting is held the second Tuesday of the month at 6:30 p.m. The meeting will be held in the same, new location as TCF, 3600 Old Bullard Rd., Bldg. 1, Ste. 101B in Tyler. Anyone who has lost someone they love to suicide is welcome to attend this peer support group. For more info please call 903-330-0678 or visit www.touchedbysuicideeasttexas.org.

Save the Date! If you are interested in participating in our chapter by serving on the steering committee, please plan to attend a steering committee meeting. Anyone who would like to become more involved in TCF and serve on the steering committee is welcome to come! Call 903-258-2547 for details.

General Assembly: Join us each month to assemble the newsletter and mail out cards. We hope to get some new volunteers to help with this monthly project. Call 903-258-2547 for details.

MADD Heart meets 2nd Tuesday of the month at the MADD office, 215 Winchester Dr. Ste., 100, Tyler, TX 75701. For more info call 888-665-6233 or email Melissa at melissa.granberry@madd.org.



"Sometimes you have to take it on blind faith that your heart is healing. It may not feel like the pain is going away. You might still cry just as hard as ever. But strength, confidence, and wisdom grow invisibly and you must trust that it is there." - Stephanie St. Claire

.....



Cindy Dingler 10-18 ~ 9-6 Daughter of Lynda Hanna



Brittany Butler 10-4 ~ 1-21 Daughter of Shelly Butler



Richard Heerdt 10-31 ~ 2-22 Grandson of Lawrence Batte



Neil Defenbaugh 10-20 ~ 3-27 Son of James & Dina Defenbaugh



Allison Carson 10-29 ~ 7-5 Granddaughter of Phil & Ann Brown



Marshall Charles Donahue 10-18 ~ 5-18 Son of Joyce Neely



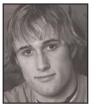
James Brady Langston 10-13 ~ 2-15 Son of Jamie Langston Dacus



Mark Turner 10-3 ~ 6-19 Son of Clayton & Pat Turner



Emily Elizabeth Ellis 10-25 ~ 6-16 Daughter of Lori Kern



Cason Gimble 10-21 ~ 9-9 Son of Lynn & Kalisa Gimble

10-29 ~ 10-31 Son-in-Law of **Regina Davis**



J.D. Adams

October Birthdays



Joey Moore 10-30 ~ 10-4 Son of Sarah Dolan



Patton Ross 10-1 ~ 8-15 Son of Dorothy Ross



Kenneth Melvin 10-6 ~ 6-28 Son of Fredia Melvin



Bonnie Lee Benson 10-28 ~ 1-23 Daughter of Cheri Oswalt



Loren Saunders 10-4 ~ 1-18 Daughter of George Saunders



George Washington Shaw, III 10-18 ~ 7-3 Son of **Bobbie Williams**



Sandi McLain 10-20 ~ 8-9 Granddaughter of Sandy White



Suzie Gorman 10-9 ~ 1-14 Spouse of Onie Gorman



A.J. Huggins 10-15 ~ 11-14 Son of Sue Langdon



Shellae Vicknair 10-13 ~ 1-18 Daughter of Vera Vicknair



Jeremy Mark Lawler 10-25 ~ 4-19 Son of Mark & Sue Lawler



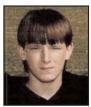
Austin Dixon 10-20 ~ 2-19 Son of Don & Leslie Dixon



Rosa Linda Serrano 10-7 ~ 10-7 Daughter of Sunee Savage



Clayton Norton 10-17 ~ 1-1 Son of Ronnie & **Dottie Norton**



Jesse Lee Irby 10-16 ~ 6-19 Son of Teri Irby



"To spare oneself from grief at all cost can be achieved only at the price of total detachment, which excludes the ability to experience happiness." —*Erich Fromm*



Stacey Smith 9-8 ~ 10-4 Daughter of Sam Smith



Joey Moore 10-30 ~ 10-4 Son of Sarah Dolan



Wade Goetze 11-29 ~ 10-28 Son of Charlotte Nelson



Erica Smith 12-21 ~ 10-25 Daughter of Todd & Sabrina Thoene



Madeline Joy Kearney 7-15 ~ 10-6 Daughter of Melody Kearney Burnett

October Anniversaries



John Patrick Carnahan 4-17 ~ 10-13 Son of Rod & Shirley Carnahan



Kathy Robertson 4-23 ~ 10-23 Daughter of Carolyn Love



Sean Smith 2-2 ~ 10-27 Son of Randy & Judy Smith



Jake Schoonover 9-15 ~ 10-29 Son of Lisa Schoonover



James Lee Lary 4-20 ~ 10-30 Son of Elgin & Ann Lary

Alexander Johnson 1-5 ~ 10-30 Son of Candice Johnson



Jonathan Shipman 6-11 ~ 10-25 Son of Pat Moore



Robert Ryan White 2-26 ~ 10-1 Son of Bethany White



Rosa Linda Serrano 10-7 ~ 10-07 Daughter of Sunee Savage



Mikel Conway 11-17 ~ 10-11 Son of Viola Conway Brother of Margie Newman



Cory Wayne Channon 8-17 ~ 10-19 Fiancée of Lauri Dillman



Amanda Claire Miller 9-11 ~ 10-17 Daughter of Joanne Williams



Leon Wayne Lasiter 04-16 ~ 10-27 Son of Jim & Pat Lasiter



Chris O'Leary 6-25 ~ 10-26 Son of Merri & Fred Walsh Son of Tom O'Leary



T.J. Anderson 2-8 ~ 10-5 Son of Ron & Mona Anderson



J.L. Adams 7-6 ~ 10-26 Nephew of Vicki Adams



J.D. Adams 10-29 ~ 10-31 Son-in-Law of Regina Davis



Hanna Olivia Collie 8-30 ~ 10-25 Daughter of Jason & Amanda Collie



"Forgiving is not forgetting, it's letting go of the hurt. Forgiveness does not change the past but enlarges the future." —*Mary Read*

SEPTEMBER 8, 2011

I just received my September newsletter. My sincere thanks to all you wonderful folks who helped put it together.

September is always a special month for us. Stacey was born on September 8, 1972. We celebrated her 16th birthday in 1988. It was a most special day. Sixteen is a pivotal year. I gave her a car—a 1975 yellow Camaro. [A little old, but clean] I can still see the excited glow from her eyes when I gave her the keys. She had a car. It represented new freedom and sent the message that Dad trusted her enough to let her drive alone. I had been teaching her to drive for years, and she was a good driver.

Who would have believed that 23 days later we would get the call; that call that is every parents worse nightmare come true. It was such a minor accident. She was riding with some friends to lunch from high school. They topped a hill and another car was in the middle of the road. The driver of the little pickup she was in swerved to miss it and ran through a wooden fence. One 2X6 board in the wrong place and she was gone. She was on life support for four days, but she never regained consciousness. My belief is that she was already in heaven. The four days was for us, and I praise God for them.

Fast forward 23 years. Today is September 2, 2011. In six days we sill celebrate what would have been her 39th birthday. Just writing that surprises me. I try to imagine her at 39-years-old. Would she have children, and how would they be? Who would she have married? Would she have finished college, and what kind of job would she have? Would she have enjoyed a happy life or one of hardships and heartaches? I think of all the times she missed in her life. Would she have had a good life or a tough one? Moot questions, I know, but we all ask them. The questions that all bereaved parents ask as time goes by. Questions with no answers. We can only imagine.

As I look at the pictures and the dates under them in the newsletter, my heart aches for all the other families who are remembering their children this month. Next month, October, Stacey's picture will be in the newsletter again. I will encounter the same thoughts I have today. They are not necessarily painful thoughts, for I have had many years to heal. The thoughts are not really that sad anymore, for I know where she is and how happy she is—at least I know as much as my earthly mind can understand. It is far better than I can imagine.

I am 39 years older, too. And with each passing year and each new crinkle and wrinkle, I know I am that much closer to joining her. Honestly, I dwell on those heavenly thoughts much more than when she died and how long she has been gone. These days I think of Stacey in heaven far more than Stacey on earth. It is a good exercise in peace. I highly recommend it.

Sam Smith ~ TCF, Jacksonville, TX

What Is Left?

by Betty Stevens

When a child dies, you ask, among other questions, what is left? A beautiful, sensitive, intelligent child has died. What can be left after such a crushing blow? Others will point out that you have a spouse, other children or grandchildren, perhaps relatives or friends; they are left.

You read books on bereavement, scarcely remembering what you have read; you attend meetings, talk with others who have suffered a loss like yours. If you are fortunate, you have one or two friends who, while they cannot fully understand, are there to love and listen. Perhaps there is a therapist who guides you in your search for an answer.

But, for a long while everything you read or hear has little meaning and certainly cannot provide the answer to your question. Or can it? Does all that you have read and heard and experienced finally come together and answered the question of what is left? For me it does.

The answer was thirteen months in coming, but how clear it comes now. *I am left*. That's it! *I am left* and I have been left with the love of my child. It is a new love; it is different, more intense; it is understanding; it need not be reciprocated; there are no strings attached.

I love this love of my child. It warms and comforts me. It is a wonderful love, but I cannot keep it. It is too precious to keep to myself. I am left with the love to spare and love to share. It will never run out. My child will always be with me to replenish it.

I have found my answer. I am left to share my child's love with you.



"I'm not sure I would have survived without the Compassionate Friends. I was fairly convinced I was going nuts. I was sitting across the table from a man who started talking about what he experienced that first year, and it was like every thought I was having had gone through his head. I was so comforted. People there will listen to your story as many times as you need to tell it." —*Patrick Malone*

A Suicide Survivors Beatitudes

by LaRita Archibald

Blessed are those who recognize our grief is compounded: that we grieve the death of a beloved person, but foremost, we grieve the cause of the death—suicide.

Blessed are those who give us permission to mourn the loss of one dearly loved, free of judgment, censure and shame.

Blessed are spiritual guides who relieve our concerns for the repose of our loved one's soul with the truth that God is All-Knowing, All-Loving and All-Forgiving.

Blessed are those who don't offer the meaningless cliche, "Time heals," because, for a long while, the passing of time holds no meaning or value for us.

Blessed are those who don't say, "I know just how you feel," but instead say, "I am here for you. I will not tire of your tears or your words of sorrow and regret."

Blessed are those who have the patience and love to listen to our repetitive obsession with "why?" without offering useless answers or explanations.

Blessed are those who reaffirm the worth of our deceased beloved by sharing memories of his/her goodness and times of fun, laughter and happiness.

Blessed are the mental health care providers who explain to us that, very probably, our loved one died of a terminal illness called depression.

Blessed are those who challenge our sense of omnipotence with the reminder that no one has enough power or control over another to cause them to end their life.

Blessed are the first responders to our loved one's suicide who try to relieve our sense of guilt and responsibility by assuring us, "This death is not your fault."

Blessed are those who lend acceptance to the value of the relationship we shared with the one who died by allowing us to speak of them and "what might have been."

Blessed are those that allow and encourage us to use our loved one's death in a manner that gives our loss and grief meaning and purpose.

Blessed are those who do not expect us to find "closure," "grief resolution," "recovery," or to "be healed," understanding that these terms define "grief work in progress" that will take the rest of our life.

Blessed are community caregivers who direct us to suicide bereavement support groups where our anguish is understood, our loss validated and where we are encouraged by the example of others who have traveled this road before us.

Blessed are long-term survivors after suicide who role model. Not only can we survive, but, in time, we can thrive, we can regain peace of mind, restored confidence, renewed productivity and revived zest for living.

Reprinted from The Survivors Group (friends and families of suicides) newsletter, Norwell, MA, May-June, 2004

"In three words I can sum up everything I have learned about life: It goes on." —Robert Frost (Whose life 'went on' amidst the death of four of his six children.)



The Thing Is

by Ellen Bass

To love life, to love it even when you have no stomach for it and everything you've held dear crumbles like burnt paper in your hands, your throat filled with the silt of it. When grief sits with you, its tropical heat thickening the air, heavy as water more fit for gills than lungs; when grief weights you like your own flesh only more of it, an obesity of grief, you think, How can a body withstand this? Then you hold life like a face between your palms, a plain face, no charming smile, no violet eves, and you say, yes, I will take you I will love you, again.

Submitted in honor of Jake by Lisa Schoonover

We Remember Them

In the rising of the sun and its going down, We Remember Them.

In the blowing of the wind and in the chill of winter, We Remember Them.

In the opening of the buds and in the rebirth of spring, We Remember Them.

In the blueness of the skies and in the warmth of summer, We Remember Them.

In the rustling of the leaves and in the beauty of autumn, We Remember Them.

In the beginning of the year and when it ends, We Remember Them.

When we are weary and in need of strength, We Remember Them.

When we are lost and sick of heart, We Remember Them.

When we have joys and special celebrations we yearn to share, We Remember Them.

As long as we live, they too shall live, for they are part of us, We Remember Them. We Are Survivors

In the beginning we are survivors groping and clawing merely to rise and face each day without our children WITHOUT OUR CHILDREN Intellectually we know the reality we have gone through funerals wakes/shivas memorials WE KNOW THE REALITY but emotionally we cannot (nor should we) come to terms with this reality one cannot make this emotional commitment called parenting then abruptly shut it off after a funeral whether our child was six months or sixty our love our sacrifice our future cannot be measured by a chronological clock thus we cling to the hope that this is a bad dream a mistake that soon there will be a knock at the door the phone will ring we'll hear their footsteps upstairs and they will be back where they belong BACK WHERE THEY BELONG

In the beginning we face each day with disbelief we plod on but we want our children back not their pictures not their clothes not their memories WE WANT OUR CHILDREN BACK

As months turn into years years into years our lives start to "normalize" (although we will never be the same again) emotions begin to catch up with intellect we gradually grudgingly come to realize that they are never coming back to the way they were (we seek out psychics to connect with them where they are now)

As parents we have the need to nurture (I will ALWAYS be your parent you will ALWAYS be my child) we are compelled to make an emotional compromise and keep them alive in different ways like the caterpillar transforming into a butterfly our children take on new lives to be sure it is not the way we want it to be but now in our hearts and in our heads we say "this is the way it is this is the way it is going to be" now we are parents again and they are our children we have paid the ultimate price for wisdom strength and courage and though we will never be the same again we will BE

> Phyllis and Moe Beres TCF ~ Babylon, NY Published in We Need Not Walk Alone, ©1997

> > -----

from the Jewish Book Of Prayer

The Compassionate Friends of Tyler

P.O. Box 9714 Tyler, TX 75711

We are happy to send our newsletter to you. We hope that it is helpful to you to be kept informed of chapter resources and activities and that you still wish to receive our newsletters that contain excellent material relating to grief issues.

To keep our mailing list current, we do ask to hear from you each year making sure that our information is correct and that you still wish to receive our mailings. If we did not hear from you in the last year please indicate any appropriate choices below and return the form to the address at the bottom of this page.

Your Name:				
Child's Name:		Relationship:	Relationship:	
Birth Date:	Death Date:	Cause	Cause of Death:	
Address:				
City:		State:	Zip:	
Home Telephone:				
E-mail:				
Please check any of follow	ving that apply.			
□ Please continue sending	g the newsletter.			
□ No thank you, I'd prefe	r to stop receiving the newsletter. (I	Newsletters are posted m	onthly on our Web site.)	
□ Please include my child	I's name and picture in the slide pre	sentation at the Candle L	ighting Ceremony.	
□ Please include my child	l's picture and information on the T	CF Tyler Web site. (www	v.TylerTCF.org)	
	-			
□ I am enclosing a memor	rial to support The Compassionate	Friends in the amount of	Please make check payable to TCF	
□ In memory of				
Please use this gift for:				
0	terfly Release Candle Lighting	□ TCF Events □ Other		
	apter's work depends on donations. onsider taking this time to give a gif		e opportunity to give a donation in mem- to other newly bereaved parents.	
Lighting Ceremony or any		be withdrawn at any time	ure in the newsletter, Web site, Candle e by written request. This information is er activities such as the newsletter.	
			Date:	
(Signature)				

Please return completed form to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, TX 75711

ରେ ରେ ଓ ରେ

"I don't think you ever stop giving. I really don't. I think it's an on-going process. And it's not just about being able to write a check. It's being able to touch somebody's life." —*Oprah Winfrey*



P.O. Box 9714 Tyler, Texas 75711



We need not walk alone.



www.TylerTCF.org

Thanks to Skillern's Business Systems for printing our newsletter!

Skillern's Business Systems 1604 Grande Blvd., Tyler, TX 75703 (903) 561-5591 • www.skillerns.com