



# THE COMPASSIONATE FRIENDS



*We need not walk alone.*

Volume 11, Issue 11

Tyler, Texas

November 2010

## Monthly Group Meeting

### Tyler Area Meeting

Monday, Nov. 15, 6:30 p.m.  
12949 C.R. 42 (McDougle Rd.)

### Jacksonville Meeting

Tuesday, Nov. 2, 6:30 p.m.  
Sam Smith's office, 1401 E. Rusk

### Lufkin Meeting

Thursday, Nov. 18, 6:30 p.m.  
Southside Baptist Church, 1615  
Tulane Drive

## Contact

Phone: (903) 258-2547

www.TylerTCF.org • info@TylerTCF.org

P.O. Box 9714 • Tyler, TX 75711

Chapter Leader .....Tina Loper  
Chapter Leader.....Pat Settle  
Meeting Facilitators .....  
Don & Leslie Dixon, Cheri Zucca  
Newsletter/Web Site .....Mary Lingle  
Steering Committee: Sam Smith,  
Carol Johnson, Carol Thompson,  
Patricia Miller, Charisse Smith, Mary  
Ann Girard, Cheri Zucca, Mary Lingle,  
David & Teresa Terrell, Janet Majors,  
Don & Leslie Dixon, Kathy McKinney

Joan & Bill Campbell, Regional  
Coordinators, (972) 935-0673  
TCF National: (877) 969-0010  
www.compassionatefriends.org

## The Meeting Agenda

6:30 p.m. - Meeting will begin with refreshments followed by announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.

8:00 p.m. - Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

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## Welcome—We Are Your Organization

We are your organization. We ARE you. No better, no smarter, no more experienced, just fellow bereaved parents struggling along. Among our group are home-makers, bankers, teachers, office workers, physicians, cops, waitresses, accountants, justices of the peace—in short, the whole human spectrum—people, just grieving parents who are trying to help themselves and others. No pat answers, no glib replies, no religions, no color, no judgments—truly. We ARE you. You may not know us, but you know us all so well. Say nothing or say a lot. No barriers, no requirements, only the promise that whether you listen or lead, you will find genuine understanding and experiences. No need to spill your guts or bare your soul; just come to a meeting and realize that you are truly not alone in your grief and loneliness, in your anger and "craziness," and pain. We ARE you.

## Waiting For Answers

Years ago I left my first meeting of The Compassionate Friends and drove home in tears. My son, Max, had died a few short weeks before and I had been anxiously awaiting this evening. These people must have some answers, I thought. With paper and pen in purse, I was ready to take notes and do as they prescribed. I would do anything to ease the ache in my head.

But when I walked out into the spring air later that night I felt betrayed. I hadn't heard any answers. Instead of learning how to leave my grief behind, it had been confirmed, made more real with expression. I knew I would miss Max forever. Now I wondered if I would grieve forever. Would it always be this way, a flash of pain with every memory?

During the next months and years, I attended TCF meetings and conferences, read books, raged, kept busy, sometimes spent the day in bed. I wrote, cried and talked about Max. Slowly, I discovered the answers I had long feared were true: yes, I will grieve forever, and yes, my memories will often provoke tears. But something had changed.

My grief was now more forgiving, my tears almost sweet with memory. Max's life took shape again as the anguish of his death began to recede. If I would always miss him, I would also always have him with me in so many ways. I wanted to carry his memory into the future: the joy, the lessons, and the inevitable pain. How could I do otherwise?

As I walked to my car after that first meeting, the TCF chapter leader caught up with me. "How can I stop this pain?" I asked. She put her arm on my shoulder. "Just do what feels right to you," she said. "Listen to your heart. And we'll be there to listen, too."

Sometimes the best advice is none at all.

*Mary Clark ~ TCF, Sugar Land, SW Houston, TX*

**The mission of The Compassionate Friends** is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



*We need not walk alone.*

"We quickly find there are no words to describe the experience of losing a child. For those who have not lost a child, no explanation will do. For those who have, no explanation is necessary." —*Mary Lingle*

## Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (held the third Monday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

The Compassionate Friends of Tyler  
P.O. Box 9714  
Tyler, Texas 75711

## To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

## To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any "oldies" to welcome you, share your grief and encourage you? It was from them you heard, "Your pain will not always be this bad; it really does get softer."

## Safe Passage

*Excerpt from 'Safe Passage' by Molly Fumia*

Grief is like a leaky faucet. Just when you think it's fixed, it comes back again, more bothersome than ever. Perhaps we should not expect an end to the dripping of the faucet or of our tears. There will always be more where they came from. Instead, we can accept the comfort of a rhythmic letting go, knowing each droplet of grief has the potential to cleanse, to soothe, indeed, to nourish new life.

*Our condolences to Patricia Miller whose husband, Russ, died recently. Russ assisted with the Butterfly Release and used his talents and time to help with other TCF activities. Russ was a good guy and a very nice person and will be greatly missed and remembered.*



**This month's printing of our newsletter sponsored by Mary Ann Girard**

**In loving memory of**

**Joe Maland**

**4-2 ~ 8-17**

**son of**

**Mary Ann Girard**



**This month's printing of our newsletter sponsored by Mary & Erin Lingle**

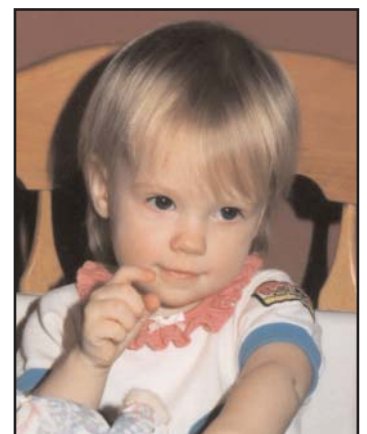
**In loving memory of**

**Candice Lingle**

**2-21 ~ 11-8**

**daughter & sister of**

**Mary & Erin Lingle**



**Call (903) 258-2547 to sponsor a monthly newsletter.**



*We need not walk alone.*

"Now I can think of his life more than his death. For me, that's resolution."  
—Unknown

## Love Gifts



Dan & Cece Brotten in memory of Missy Rogers  
Herb & Sandy Parr in memory of Herby  
Phyllis & Dale Cavazos in memory of Chad  
Mary & Erin Lingle in memory of Candice -  
sponsoring the newsletter



Thanks to the following members who have made a rent donation for our meeting place this month:

Kim Boswell in memory of Joshua Washburn  
Merri Walsh in memory of Chris O'Leary  
Jim & Cheri Zucca in memory of Leah  
Don & Leslie Dixon in memory of Austin  
Tina Loper in memory of Christopher  
Danny, Pat & Stephen Settle in memory of Stephanie

**Thank you to the following members who have made a contribution in 2010 for an entire month's rent for our meeting place. We appreciate this generous donation.**

Merri Walsh in memory of Chris O'Leary  
Carol Thompson in memory of Sarah Thompson

## Special Thanks!

**Thanks to the following people who make a monthly contribution to TCF of Tyler:**

Claudette Brown in memory of Terry Wayne  
Dale & Phyllis Cavazos in memory of Chad  
Sam Smith in memory of Stacey -  
use of his office for the Jacksonville meeting  
David & Teresa Terrell in memory of Andy -  
use of a storage building

**Thanks to all who helped with the assembly of last month's newsletter. We appreciate all our volunteers!**

**Newsletter Submissions:** TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: TCF Tyler, 5401 Hollytree Drive, 1204, Tyler, Texas 75703. Or e-mail text and photos to: info@TylerTCF.org

We reserve the right to edit for space and/or content. Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source. Errors and Omissions: Please notify us if any of your information is incorrect.

## Announcements

**Tyler TCF Meeting:** The meeting in Tyler is held on the third Monday of the month, 6:30 p.m., at 12949 County Road 42 (McDougle Rd.). For more information, please email pdsettle@wmconnect.com or butterfly6@nctv.com, or call 903-258-2547.

**Jacksonville TCF Meeting:** The meeting in Jacksonville is held on the first Tuesday of the month, 6:30 p.m., at Sam Smith's office, 1401 E. Rusk, Jacksonville. For more information, please email pdsettle@wmconnect.com or butterfly6@nctv.com, or call 903-258-2547.

**Lufkin TCF Meeting:** Join us at the Lufkin meeting held at 6:30 p.m. every 3rd Thursday of the month at Southside Baptist Church, 1615 Tulane Drive, Lufkin, TX 75901. For more information, contact Lauri Maner at 936-854-2002 or Sherri Tutt at 936-404-9517.

**The Touched by Suicide** meeting is held the second Tuesday of the month at 6:30 p.m. The meeting is held at our new meeting location. (See page 2 for directions.) Anyone who has lost someone they love to suicide is welcome to attend this peer support group. Note that it is not the proper forum for those who have attempted suicide and survived. For more information please call 903-574-3127.

**Steering Committee:** If you are interested in participating in our chapter by serving on the steering committee, please plan to attend a steering committee meeting in 2010. The date of the remaining meeting is as follows: November 1.

**General Assembly:** Join us each month to assemble the newsletter and mail out cards. We hope to get some new volunteers to help with this monthly project. Call 903-258-2547 for details. The upcoming dates are: Nov. 23 and Dec. 28

**MADD Heart** meets 2nd Tuesday of the month at the MADD office, 215 Winchester Dr. Ste., 100, Tyler, TX 75701. For more info call 888-665-6233 or email Melissa at melissa.granberry@madd.org.

**Holiday Food Donations for Lack's:** We have a box at our new meeting location for non-perishable items.

**The American Foundation for Suicide Prevention** Out of the Darkness walk will be held on Saturday, November 13. This is a remembrance walk for anyone who would like to participate. Visit touchedbysuicideeasttexas.org for more information.

**Annual Candle Lighting Ceremony:** Our Annual Candle Lighting Ceremony will be December 12, 2010, at Crossroads Community Church, 13730 Hwy 155 South, Tyler. The service begins at 6:30 p.m. Please call Carol Thompson at 903-539-0458 if you would like to bring something for refreshments. Family and friends are welcome.



*We need not walk alone.*

"Know that there is hope. Know that many, many bereaved parents who have been in the same painful place that you are now have found life meaningful again. Know that you will too." —Jan McNess

### November Birthdays



**Wade Goetze**  
11-29 ~ 10-28  
Son of Charlotte Nelson



**Rusty Welch**  
11-29 ~ 1-1  
Son of Travis & Martha Welch



**Nathaniel Bolom**  
11-6 ~ 11-27  
Son of Jane Manley



**Shane Crim**  
11-25 ~ 11-9  
Son of Dolly Mobley



**Christopher Jordan Pope**  
11-10 ~ 6-16  
Son of Edward & Brenda Pope



**Lindsey Stewart**  
11-6 ~ 4-2  
Daughter of Stephanie Stewart



**Mike Loughmiller**  
11-14 ~ 12-6  
Son of Suzanne Loughmiller



**Erik Scott McKinney**  
11-26 ~ 8-16  
Son of Kevin & Kathy McKinney



**Kayla Smith**  
11-7 ~ 3-5  
Daughter of Debbie Smith



**Bobby Knott**  
11-6 ~ 4-24  
Son of Bobby & Virginia Knott



**Missy Rogers**  
11-25 ~ 07-21  
Daughter of Dan & CeCe Brotten



**Kristi Diaz**  
11-7 ~ 4-7  
Daughter of Julie Diaz



**Jill Tompkins**  
11-3 ~ 4-24  
Daughter of Karen Tompkins



**Mikel Conway**  
11-17 ~ 10-11  
Son of Viola Conway  
Brother of Margie Newman



**Lorie McLain**  
11-14 ~ 8-9  
Daughter of Sandy White



**Mary Adams**  
11-28 ~ 1-28  
Sister of Vicki Adams



**Austin Lane Phillips**  
11-8 ~ 11-8  
Son of  
Stacie Phillips Monteagudo



**Whitni Ray**  
11-16 ~ 12-22  
Daughter of Rachelle  
Threadgill Brooks



**Gaaron Hicks**  
11-8 ~ 1-08  
Son of Diane Richardson



**Mike Loughmiller**  
11-14 ~ 12-6  
Son of Suzanne Loughmiller





*We need not walk alone.*

"You shadow our lives, affecting them in big ways and small. And though I would trade blessings in a minute just to have you back in my arms, I am indeed grateful for the blessings inside sorrow." —Lisa Sculley

### November Anniversaries



**Thomas 'Chuck' Carroll**  
6-2 ~ 11-13  
Son of Linda & Thomas Carroll



**Salvador Estrada**  
12-11 ~ 11-3  
Son of Charlotte Estrada



**Austin Lane Phillips**  
11-8 ~ 11-8  
Son of Stacie Phillips Monteagudo



**Shane Crim**  
11-25 ~ 11-9  
Son of Dolly Mobley



**Scottie Baker**  
8-3 ~ 11-29  
Son of  
Steve Baker & Julie Stokes



**Jonathan Reynolds**  
12-14 ~ 11-16  
Son of  
Addison & Debra Reynolds



**Nathaniel Bolom**  
11-06 ~ 11-27  
Son of Jane Manley



**Randy Cannon, Jr.**  
03-26 ~ 11-06  
Son of Randy Cannon, Sr.



**Candice Lingle**  
2-21 ~ 11-8  
Daughter of Mary Lingle



**Ijuan Simms**  
2-20 ~ 11-7  
Son of Sharon Simms



**Haylee Lee ~ 11-23**



**Cynthia Harper**  
2-27 ~ 11-16  
Daughter of  
Jackie & Roland Young



**Crystal Greene**  
8-6 ~ 11-13  
Daughter of Lory Greene  
Niece of Audrey & Claude Mapps



**Timothy Treadwell**  
4-1 ~ 11-23  
Son of Tammy Treadwell



**A.J. Huggins**  
10-15 ~ 11-14  
Son of Sue Langdon



**Calan Cameron Decker  
McKeethan**  
8-10 ~ 11-29  
Son of Mary Decker



**Brooke Wallace**  
1-16 ~ 11-24  
Daughter of  
Charles & Tammy Wallace



**Andy Terrell**  
2-11 ~ 11-25  
Son of  
David & Teresa Terrell



**Kyle Foster**  
4-1 ~ 11-1  
Son of Barbara Foster  
Son of Greg Foster



**Carolyn Love**  
1-4 ~ 11-25  
Sister of Liz Lachey





*We need not walk alone.*

"In the silence the clarity of your voice, climbs high upon the eagle's wings. The chains of doubt that imprison my soul fall beneath my feet. In the freedom and majesty of the sentinels gaze, faith is strengthened and hope returned to a weary heart, upon the silent flight of eagle's wings." —Chris Roe

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## Helping a Homicide Survivor Heal

*A friend has experienced the sudden, violent death of someone they love. You want to help, but aren't sure how to go about it. This article will guide you in ways to turn your cares and concerns into positive actions.*

### Traumatic and Violent Death

Death by homicide creates overwhelming grief for survivors. Their world has been turned upside down. Nothing in life prepares survivors for the reality that someone they love has died a violent death. Murder results in survivors grieving not only the death, but how the person died. A life has been cut short through an act of cruelty. The disregard for the human life adds overwhelming feelings of turmoil, distrust, injustice and helplessness to normal sense of loss and sorrow.

### Murder and Social Stigma

Survivors of murder victims enter into a world that is not understood by most people. A sad reality is that members of a community where a tragic murder has occurred sometimes blame the victim or survivors. Out of a need to protect themselves from their own personal feelings of vulnerability, some people reason that what has happened has to be somebody's fault. This need to "place blame" is projected in an effort to fight off any thoughts that such a tragedy would ever happen to them. As a result of this fear and misunderstanding, survivors of homicide deaths are often left feeling abandoned at a time when they desperately need unconditional support and understanding. Without a doubt, homicide survivors suffer in a variety of ways: one, because they need to mourn the loss of someone who has died; two, because they have experienced a sudden traumatic death; and three, because they are often shunned by a society unwilling to enter into the pain of their grief.

### Allow For Numbness

Feeling dazed or numb is a good thing for your friend. This numbness serves a valuable purpose: it gives emotions time to catch up with what the mind has been told. Nothing in one's coping mechanisms prepares survivors for this kind of trauma. Shock is like an anesthetic—it helps create insulation from the reality of the death until your friend is more able to tolerate what he or she doesn't want to believe. Don't assume your friend is "being strong and taking it well" when he or she is really in shock. They may appear strong, but early on in grief, their appearance reflects their numbness and disbelief. However, they need you now, and will particularly need you when the shock begins to wear off and reality sets in. Let your friend move at his or her own pace. It is damaging to try to push someone through shock and numbness. By "walking with" your friend at his or her own pace, you are giving one of life's most precious gifts—yourself.

### Work Together as Helpers

Remember that the murder of someone loved is a shattering experience. As a result of this death, your friend's life is under reconstruction. He or she will need to talk about it for years to come. Be the person who will encourage and allow your friend to share feelings about the homicide after other listeners have moved on. Use the name of the person who was killed when you talk to your friend. Hearing the name can be comforting, and it confirms that you have not forgotten this important person who was so much a part of your friend's life. To experience grief is the result of having loved. Homicide survivors must be guaranteed this privilege. While guidelines in this article may help, it is important to recognize that helping a homicide survivor heal will not be an easy task. You may have to give more concern, time and love than you ever knew you had. But this helping effort will be more than worth it.

*Excerpts from the writings of Alan D'Wolfelt, Ph.D*





*We need not walk alone.*

“Those of us who are further down the road of grief encourage the more newly bereaved to know how necessary it is to put their needs first now. For awhile, allow yourself to be selfish and to be vocal, if necessary, about your right to take care of you and do the things that comfort you before you consider others.”  
—*Mary Cleckley*

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## Let the Promises of Jesus Comfort You

One of the hardest things in our lives is the grief we feel when a loved one dies. It seems that the older we get the more funerals we attend. That is the natural order of things. Death is certain for all of us. Life on earth is something we do not get out of alive.

The thought of death fills many folks with fear. For Christians, however, the fear is eased by our assurance of eternal life. We know that our life on earth is only the beginning. It is a temporary, fleeting beginning to eternity in paradise.

It is that knowledge, that assurance that empowers us to handle the death of our loved ones. Oh, it is hard to let them go, no doubt. I can never say that the death of my daughter was easy. I can never say that the death of my parents was not hard to bear. But I can say, praise God, that my grief was tempered by knowing that they were in a better place. My heartache was comforted by the assurance that I will see them again. And not only will I see them again, I will spend eternity with them in a place that is too beautiful, too wonderful, too magnificent for words.

How can I be so sure of all this? Because God sent His Son to die for our sins. Jesus paid the price we could not pay. Jesus gave His life and opened the doors of heaven for all those that will follow Him.

We have been redeemed. "In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace that He lavished on us with all wisdom and understanding." [Ephesians 1: 7-8]

We have been saved. "Everyone who calls on the name of the Lord will be saved." [Romans 10:13]

We have been promised eternal life. "For God so loved the world that He gave his one and only Son, that whoever believes in Him shall not perish but have eternal life." [John 3:16]

Heaven is our eternal home, and we will enjoy new, glorious bodies. "But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body." [Philippians 3:20-21]

Knowing and believing those truths, and as Christians we can, should comfort us when we lose a loved one - or when we face death ourselves.

Remember these truths from the Holy Scriptures and let them comfort you and all others:

"Brothers, we do not want you to be ignorant about those who fall asleep, or to grieve like the rest of men, who have no hope. We believe that Jesus died and rose again and so we believe that God will bring with Jesus those who have fallen asleep in Him. According to the Lord's own word, we tell you that we who are still alive, who are left till the coming of the Lord, will certainly not precede those who have fallen asleep. For the Lord Himself will come down from heaven, with a loud command, with the voice of the archangel and with the trumpet call of God, and the dead in Christ will rise first. After that, we who are still alive and are left will be caught up together with them in the clouds to meet the Lord in the air. And so we will be with the Lord forever. Therefore encourage each other with these words." [1 Thessalonians 4:13-18]

PRAISE GOD!

*Dr. Sam Smith, Butterfly Ministry*





*We need not walk alone.*

"Sometimes love is for a moment. Sometimes love is for a lifetime. Sometimes a moment is a lifetime." —*Pamela S. Adams*

## Memories

Today I was walking  
 On a street in my town  
 I came across a big white house  
 With a carefully manicured lawn  
 I saw a little boy  
 Playing in the sand  
 Running his trucks to and fro  
 My mind drifted to another land...  
 The days when I once had a little boy  
 Who loved to play in sand  
 Who picked me little flowers  
 And placed them in my hand  
 Who loved to yell "Mommy"  
 When a butterfly landed near  
 Who looked to me for answers  
 A boy who had no fears  
 A child who loved life  
 As I had taught him to do  
 Who gave of himself  
 But left this world too soon  
 Tears slid down my face  
 As I watched the little boy  
 Remembering my own son  
 When my life was filled with joy  
 I sighed a big sigh  
 As the memories ran through my head  
 Of another sandbox long ago  
 And the many things my son said  
 Whenever I see a child  
 Around the age of five  
 I always get the "memories"  
 Of our life before he died  
 I touch a dandelion  
 When it's white and turned to "fluff"  
 Remembering my birthday flowers  
 And how the weeds meant so much  
 I only have my memories  
 After all the years gone by  
 I still can't help my heart  
 I still sit down and cry

*By Sharon Bryant Reprinted by permission of author  
 Andy Dunbar  
 January 22, 1972-October 24, 1977  
 I'm his Mom and he's my special angel...forever*

## What Candice Would Say

I'm sorry big sister, I can't play with you.  
 I'm sorry grandpa, I can't go to the zoo.  
 I'm sorry daddy, you can't kiss me good night.  
 I'm sorry mommy, you can't hold me tight.  
 No one knows why, no one can guess.  
 But I can't play right now,  
 I've gone to rest.

*Mary Lingle ~ TCF, Tyler, TX*

## Dancing In The Flame

Though I am tired and weary,  
 My eyes continue to weep,  
 And my heart denies me the comfort,  
 That I find only in my sleep.  
 So I sit alone in the darkness,  
 Before the firelight,  
 And stare into the flames,  
 On this dark and moonless night.  
 As the flames leap and dance,  
 I am surrounded by an eerie sight,  
 That evokes haunting memories,  
 Brought to life by the fire's light.  
 My thoughts take me back,  
 To a time when you were here,  
 To times when laughter filled my heart,  
 Times lost forever, I fear.  
 In the flames, I see your face,  
 Your sweet and loving smile.  
 And I know that we will meet again,  
 But I must wait a while.  
 These quiet moments of reverie,  
 Bring comfort to my aching heart,  
 And tell me that you and I,  
 Are never far a part.  
 Now my heart begins to lighten,  
 As sleep arrives to claim,  
 The pain I felt just moments ago,  
 Before I saw you dancing in the flame.

*Jacquelyn M. Comeaux, © 2001*

## Benchmarks

Good bye would be too difficult,  
 Although I know you are gone.  
 Instead, I keep you in my heart  
 And your memory lives on.  
 I have redefined my purpose, son,  
 Since you are no longer here.  
 With your death I faced a choice  
 To die, exist or to live free.  
 My life has changed forever, child,  
 I m redefined each week,  
 You would call these benchmarks  
 Of goals set and then achieved.  
 And so I set my benchmarks,  
 Achieving many, reshaping some..  
 But everything is different now  
 Except your mother's love.

*In memory of my son, Todd Mennen  
 Annette Mennen Baldwin ~ TCF, Katy, TX*



# The Compassionate Friends of Tyler

P.O. Box 9714  
Tyler, TX 75711

We are happy to send our newsletter to you. We hope that it is helpful to you to be kept informed of chapter resources and activities and that you still wish to receive our newsletters that contain excellent material relating to grief issues.

To keep our mailing list current, we do ask to hear from you each year making sure that our information is correct and that you still wish to receive our mailings. If we did not hear from you in the last year please indicate any appropriate choices below and return the form to the address at the bottom of this page.

Your Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Death Date: \_\_\_\_\_ Cause of Death: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Please check any of following that apply.

Please continue sending the newsletter.

No thank you, I'd prefer to stop receiving the newsletter. (Newsletters are posted monthly on our Web site.)

Please include my child's name and picture in the slide presentation at the Candle Lighting Ceremony.

Please include my child's picture and information on the TCF Tyler Web site. ([www.TylerTCF.org](http://www.TylerTCF.org))

I am enclosing a memorial to support The Compassionate Friends in the amount of \_\_\_\_\_  
Please make check payable to TCF

In memory of \_\_\_\_\_

## Please use this gift for:

TCF Newsletter  Butterfly Release  Candle Lighting  TCF Events  Other \_\_\_\_\_

The continuation of this chapter's work depends on donations. If you have not taken the opportunity to give a donation in memory of your child please consider taking this time to give a gift that will help reach out to other newly bereaved parents.

We must have your written permission on file to use your child's name and/or picture in the newsletter, Web site, Candle Lighting Ceremony or any other TCF event. Permission may be withdrawn at any time by written request. This information is used to maintain our Chapter Database. It is confidential and is only utilized for Chapter activities such as the newsletter.

\_\_\_\_\_  
(Signature) Date: \_\_\_\_\_

Please return completed form to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, TX 75711



**"I don't think you ever stop giving. I really don't. I think it's an on-going process. And it's not just about being able to write a check. It's being able to touch somebody's life." —Oprah Winfrey**



# THE COMPASSIONATE FRIENDS<sup>®</sup>

P.O. Box 9714  
Tyler, Texas 75711



*We need not walk alone.*



[www.TylerTCF.org](http://www.TylerTCF.org)