



THE COMPASSIONATE FRIENDS



We need not walk alone.

Volume 14, Issue 7

Tyler, Texas

July 2013

Monthly Group Meeting

Tyler Area Meeting

Monday, July 15, 6:30 p.m.

New Location! 1901 Rickety Ln., Tyler Jacksonville Meeting

Tuesday, July 2, 6:30 p.m.

Sam Smith's office, 1401 E. Rusk

Contact

Phone: (903) 258-2547

www.TylerTCF.org • info@TylerTCF.org

P.O. Box 9714 • Tyler, TX 75711

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SecretaryPat Settle
Newsletter/Web SiteMary Lingle
Tyler Meeting Facilitators: Leslie &
Don Dixon
Jacksonville Meeting Facilitators:
Sam Smith, Carol Thompson and
Pat Settle

Steering Committee: Pat Settle,
Mary Lingle, Sam Smith, Trisha
Taylor, Carol Thompson, Carol
Johnson, Cheri Zucca, Bill & Linda
Hawkins, Don & Leslie Dixon, David
& Teresa Terrell, Janet Majors, Lisa
Schoonover, Margie Newman, Mary
Ann Girard, Stuart Gilpin

Joan & Bill Campbell, Regional
Coordinators: (972) 935-0673
TCF National: (877) 969-0010
www.compassionatefriends.org

The Meeting Agenda

6:30 p.m. - Meeting will begin with refreshments followed by announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.

8:00 p.m. - Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

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See It, Snap It, Send It...

Having his picture taken was not one of my son's favorite things. Seth was often the one behind the camera or the one who was videotaping the family field day to catch the best parts on film. It has been two years and six months since my precious son, 29 years old, took his life. I avoid the word 'suicide' because somehow in my mind I want to believe it was his choice, however, confused or desperate.

I need to look at all the pictures I do have of him now when I feel the emptiness and pain in my heart. I have to send those memories to that place so it will help ease that loneliness and to replace it with a celebration of his life. I make him present again by reliving those memories of his laugh, his successes, his serious conversations, his challenges, his doubts, his hugs.

There are times with I can laugh and sing again. I don't dance any more. The joys I feel are jaded somehow feeling something is missing to make it whole. There are times when my life is a series of just distractions: work, shopping, church, cleaning, etc. etc. etc. just to avoid facing the bitter emotional reality of grief yet again. There are moments also that I have to lean into the pain of his loss and let it hurt and cry to move forward.

Some helpful skills I have learned is to live in the present, that I can control my thoughts. I have to avoid the 'what ifs' the 'why me' the 'what could I have done...' Seth is present now in my life and my heart in a different way than he was when he was alive; and I have learned to love him in a new way.

I am a better person because of his life and his love for the short 29 years he lived. My love for him grows stronger every day just as it would have if he was here for me to talk with again. Compassionate Friends has helped me to acknowledge that my loss, my pain, my survival is precious to others who have lost children. The pain which binds us will also help us to survive one day at a time.

The day Seth died, my bishop came to the house, and blessed the place where he took his life. Then he turned to me and said "Each day you awake is one day closer to when you will see him again." Whatever your religious beliefs I pray that this will give you hope and comfort as it does for me.

So my prayer for each of you who have lost a loved one is that you can find some comfort and joy in revisiting those precious memories of their beautiful lives. So take lots of pictures of those who are still with you and celebrate their lives too. God bless your pain and give you peace.

*Linda Khirallah Porter, TCF Tyler, TX
In honor of my son, Seth Henry Porter*

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



We need not walk alone.

“Unlike any other love in life, a parent’s love is unconditional and transcends all. There is a peace in knowing that. The pain doesn’t end. It simply reshapes itself into a quiet, soft ache that gives us a gentle, often tearful, reminder that our child will always be with us. And perhaps that is as it should be.”
—Annette Mennen Baldwin

Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (held the third Monday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

The Compassionate Friends of Tyler
P.O. Box 9714
Tyler, Texas 75711

To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any “oldies” to welcome you, share your grief and encourage you? It was from them you heard, “Your pain will not always be this bad; it really does get softer.”

Grief Resources

Note: Some resources are based on individual opinion and experience and are not officially endorsed by the organization. The hope is that you may find a grief resource helpful to you and your family. We will continue to build on our resources column. Please let us know of any of your personal recommendations. Thank you.

Compassionate Friends (national home page)

Also offers grief support for **siblings** and **grandparents**
<http://www.compassionatefriends.org>

Children Are A Gift Foundation

<http://www.childrenareagift.com>

GriefShare

<http://www.griefshare.org>

MADD East Texas (Mothers Against Drunk Driving)

<http://www.madd.org/local-offices/tx/east-texas>

Smith County Victim Services Division

<http://www.tdcj.state.tx.us/divisions/vs/counties/smith.html>

The Hospice of East Texas

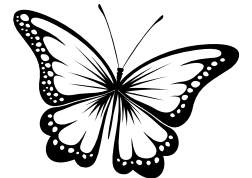
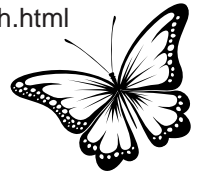
<http://www.hospiceofeasttexas.org>

The University of Texas at Tyler Psychology and Counseling Training Clinic

Located at the Bethesda Health Clinic
409 W. Ferguson
Tyler, Texas 75702
903-592-2348

Victim Services Division - Texas Department of Criminal Justice - Online Resource Directory

<http://www.tdcj.state.tx.us/divisions/vs>



This month’s printing of our newsletter sponsored by Tommy & Joy Eubank.

**In loving memory of
Jason Eubank**

7-21-69 ~ 12-8-12

**Son of Tommy &
Joy Eubank**



Call (903) 258-2547 to sponsor a monthly newsletter.



We need not walk alone.

“When someone takes his own life, we anguish that we should have known enough to help—but only God knows the weight of another’s burden.”
—Mother Teresa

Love Gifts



CeCe & Dan Brotton in memory of Missy Rogers

Ike Weatherly in memory of Brandon and Cameron

Neysa & Randall Roberts in memory of Patrick Bowman



Thanks to the following members who have made a rent donation for our meeting place this month:

Merri Walsh in memory of Chris O’Leary

Martha Lewis in memory of Burke

Tina, Johnathan & Heather Loper
in memory of Christopher

Carol & Shane Johnson in memory of Jared Sheets



Thanks to the following people who make a MONTHLY LOVE GIFT to TCF of Tyler:

Claudette Brown in memory of Terry Wayne

Dale & Phyllis Cavazos in memory of Chad

Sam Smith in memory of Stacey -
use of his office for the Jacksonville meeting

David & Teresa Terrell in memory of Andy -
use of a storage building

Newsletter Submissions

TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: TCF Tyler, 5401 Hollytree Drive, 1204, Tyler, Texas 75703. Or e-mail text and photos to: info@TylerTCF.org; We reserve the right to edit for space and/or content.

Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source.

Errors and Omissions: We try very hard to be sure that all of the names and dates of our children are correct. If you see an error in the newsletter, please contact TCF at 903-258-2547. We want to get it right and will correct the information for future use. Thanks very much.

Email Addresses: If we do not have your email address or it has changed, please email it to Tina or Pat so that we may email you announcements and updates about TCF of Tyler. Tina’s email: lilbluebutterfly6@gmail.com ~ Pat’s email: beachbum2201@gmail.com

Visit us online at www.tylertcf.org

Announcements

Tyler TCF Meeting: The meeting in Tyler is held on the third Monday of the month, 6:30 p.m., at **1901 Rickety Lane** in Tyler. For more information, please call 903-258-2547.

Notice about Jacksonville TCF Meeting: The last meeting to be held in Jacksonville will be the Sept. meeting. We hope you will join us for these last three months. The meeting in Jacksonville is held on the first Tuesday of the month, 6:30 p.m., at Sam Smith’s office, 1401 E. Rusk, Jacksonville. For more information, please email beachbum2201@gmail.com or lilbluebutterfly6@gmail.com, or call 903-258-2547.

Steering Committee Meeting: If you are interested in participating in our chapter by serving on the steering committee, please plan to attend a steering committee meeting. Anyone who would like to become more involved in TCF and serve on the steering committee is welcome to come! For more information about our next meeting, call 903-258-2547.

MADD Heart meets 2nd Tuesday of the month at the MADD office, 215 Winchester Dr. Ste., 100, Tyler, TX 75701. For more info call 888-665-6233 or email Melissa at melissa.granberry@madd.org.

General Assembly: Join us each month to assemble the newsletter and mail out cards. We hope to get some new volunteers to help with this monthly project. Call 903-258-2547 for details.

News from National: Compassionate Friends National offers webinars for the public on grief related topics. Upcoming public webinars will include Death of a Child By Suicide, Pregnancy and Infant Loss, The Death of a Special Needs Child and How Can I Help When A Child Dies? Check out www.compassionatefriends.org for dates and times.

You don’t have to be a Steering Committee Member to meet with us on occasion to help assemble the newsletter or mail out thank you notes! Please join us!

TCF of Tyler Memorial Quilt

If you would like to have your child's photo included on a TCF memorial quilt, please mail a \$25 donation to P.O. Box 9714, Tyler, TX 75711. For more information contact us at (903) 258-2547, or email us at info@TylerTCF.org. Thanks to Teresa and David Terrell for donating their talent and time on these beautiful quilts which are displayed in our meeting room and special events.

Compassionate Friends National Conference will be in Dallas at the Hyatt Regency in 2015. Many volunteers will be needed! This is a great opportunity for us! Details will follow in future newsletters.



We need not walk alone.

"Your broken heart requires at least as much care as a broken bone. With proper care you can be confident that you will heal. The same powerful forces that mend a broken bone will heal your emotional pain, but a wounded heart needs time and proper care to heal." —Harold Bloomfield, MD

July Birthdays



Morgan Finley Lambeth
7-29-06 ~ 7-29-06
Daughter of
John & Nicole Lambeth



Robert Lynn McMahon
7-18-72 ~ 3-6-92
Son of
Dana Wright



William Jeffrey Stack
7-6-65 ~ 6-22-11
Son of
Robyn Stack



Melissa Elaine Majors
7-14-80 ~ 5-8-08
Daughter of Janet Majors
Daughter of Greg Majors



Shiloh Paisleigh Gray
7-28-06 ~ 7-28-06
Daughter of Jody
& Elizabeth Gray



Justin Corey Modisette
7-24-84 ~ 6-10-10
Son of
Linda Modisette



Madeline Joy Kearney
7-15-86 ~ 10-6-05
Daughter of
Melody Burnett Kearney



Cobin Frazier
7-2-07 ~ 9-18-09
Son of
Leslee Frazier



Terry Wayne Brown
7-13-69 ~ 5-27-03
Son of Claudette Brown
Son of Melton Brown



Grant Williams
7-8-10 ~ 7-8-10
Son of Clay &
Tammie Williams



Cameron Weatherly
7-3-78 ~ 9-25-07
Son of Ike &
Diana Weatherly



Lester "Bubba" Chase
7-20-70 ~ 6-27-95
Son of
Debbie Chase



Andrew Moreno
7-25-05 ~ 7-29-05
Grandson of
Tawna Andrews



Ryan Delaney
7-10-80 ~ 7-20-03
Son of Mary Delaney



John Shade
7-9-86 ~ 9-29-08
Son of
Julie Clifton



Ashton Wayne Yates
7-9-91 ~ 12-6-11
Son of Kim Yates



Josh Chambers
7-20-73 ~ 2-18-07
Son of Joan Curtis



Laura Wilkinson
7-16-90 ~ 3-7-08
Daughter of
Peggy Cunnningham



Kyle Beck
7-21-89 ~ 6-23-05
Son of
Angela Yates



Lindsey Peyton Goen
7-2-02 ~ 12-18-03
Daughter of
Robin & Joe Goen



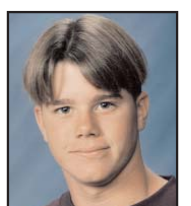
Carly Smith
7-14-88 ~ 2-1-11
Daughter of
Beth Page



John Wallace
7-1-80 ~ 2-2-99
Son of
Barbara Wallace



Adrian Hampton
7-31-86 ~ 7-22-07
Son of Michael &
Julie Brosang



James Fincke
7-15-80 ~ 12-25-99
Son of Sara Fincke



James Wilkinson
7-6-67 ~ 3-9-06
Son of Bill &
Betty Wilkinson



Jaime Arellano, Jr.
7-31-92 ~ 8-27-05
Son of Marie Arellano



Christopher Mize
7-11-91 ~ 7-27-08
Son of Edith Mize



Felicia Hobbs
7-19-61 ~ 12-1-09
Daughter of
Muriel Rogers



J.L. Adams
7-6-85 ~ 10-26-08
Nephew of Vicki Adams



Nathan Spataro
7-6-87 ~ 6-19-09
Son of Becky Hicks

Continued on next page





We need not walk alone.

"My story and my age may be different from yours, but the bottom line is the same: my child has gone to a place where I cannot go, and I miss him so much. The pain of grief is still there, but I am living life one-day-at-a-time, enriched because my son came through my body into my life." —Helen Godwin

July Birthdays (cont.)



Tommy Ford
7-12-90 ~ 5-29-11
Son of Corine &
Tom Peacock



Evan Blake Alexander
7-22-80 ~ 8-20-11
Son of Richard &
Shay Persinger



Alex King
7-22-92 ~ 8-21-11
Son of
DeeAnn King



Darrell Lynn Sallas, II
7-30-79 ~ 8-30-11
Grandson of Debra
Robinson



Darrell Bolton
Sister of Kathy
Bolton-Polk
7-21-61 ~ 2-22-03



Brad (BJ) Huggins
7-27-72 ~ 5-21-11
Son of Sue
Langdon



Lindsey Barton
7-12-83 ~ 6-1-12
Daughter of
Barbara Barton



Stephen "Chadwick" Williford
7-4-62 ~ 8-19-00
Son of Janet Marie
Dobbs-Neal



Adrian Hampton
7-31-86 ~ 7-22-07
Son of Michael
& Julie Brosang



Ryan Goff
7-22-77 ~ 5-4-12
Son of Sherry
Reston



Colton James Bain
7-30-89 ~ 9-18-12
Son of JoNelle
Holland



Ryan Delaney
7-10-80 ~ 7-20-03
Son of
Mary Delaney



Grant Williams
7-8-10 ~ 7-8-10
Son of Clay &
Tammie Williams



Angela Frazier
7-8-72 ~ 12-5-12
Daughter of
Linda Frazier



Jason Eubank
7-21-69 ~ 12-8-12
Son of Tommy &
Joy Eubank



July Anniversaries



Renee Seale
12-21-63 ~ 7-13-90
Daughter of
Lana Kaye Taylor



Caleb Scott Jones
2-27-86 ~ 7-24-03
Son of
LeeAnn Colwell



James Permenter
4-2-79 ~ 7-12-09
Son of Shirley Hall



Matt Mears
6-7-83 ~ 7-16-08
Son of Norma & Kerry Mears
Husband of Ashley Mears



**Walter Dale "Skipper"
Winningham**
2-23-68 ~ 7-2-85
Son of Lucy Winningham



Christopher Mize
7-11-91 ~ 7-27-08
Son of Edith Mize



Lisa Marie Tutt
3-20-87 ~ 7-30-04
Daughter of
Steve & Sherri Tutt



**Chandler James
"Jimmy" Brazell**
6-4-92 ~ 7-31-11
Son of Chuck &
Rhonda Brazell



James E. Abbie, Jr.
1-31-60 ~ 7-15-91
Son of
Bettie Abbie



Dex Bailey McLean
12-18-87 ~ 7-4-08
Son of Charles &
Chanda McLean



Morgan Finley Lambeth
7-29-06 ~ 7-29-06
Daughter of John
& Nicole Lambeth



Ben Smith
3-1-88 ~ 7-21-06
Son of Charisse Smith
Son of Doug Smith



We need not walk alone.

"They came together in their suffering. Though unable to prevent the pain, these fellow grievors found that by sharing their hurt, standing together and supporting one another they could endure devastating losses." —Polly Moore

July Anniversaries (cont.)



Andrew Moreno
7-25-05 ~ 7-29-05
Grandson of
Tawna Andrews



Allison Carson
10-29-92 ~ 7-5-93
Granddaughter of
Phil & Ann Brown



Brian David Stewart
5-16-56 ~ 7-8-56
Son of Melton
& Joyce Stewart



Missy Rogers
11-25-63 ~ 7-21-07
Daughter of
CeCe & Dan Brotton



Chasen Shirley
2-13-82 ~ 7-3-06
Son of
Debbie Shirley



Timothy Allen Hawkins
6-30-78 ~ 7-7-78
Son of Bill &
Linda Hawkins



Herby Parr
4-19-61 ~ 7-30-09
Son of Sandy &
Herbert Parr



Kody Dale Hughes
5-5-89 ~ 7-30-10
Son of Sue Hughes
& Howard Hughes



Shane Odening
5-23-88 ~ 7-3-11
Son of Janet
S. Francis



Lance Alan Massey
5-16-80 ~ 7-16-05
Son of
Cindy Massey



Scott Bradshaw
3-26-69 ~ 7-19-06
Son of Bud
Bradshaw



Graham Gill
2-19-84 ~ 7-25-10
Son of Pat Gill



Erika Reyes
6-8-77 ~ 7-27-05
Daughter of Sheila
Whittington Steel



Sara Ann Plocheck
5-21-80 ~ 7-11-11
Daughter of Marla
Plocheck



Shiloh Paisliegh Gray
7-28-06 ~ 7-28-06
Daughter of Jody
& Elizabeth Gray



Jamie Allen
5-24-75 ~ 7-8-01
Son of Cindy Allen



**George Washington
Shaw, III**
10-18-78 ~ 7-3-05
Son of Bobbie Williams



Shanna Marie Redmond
5-5-85 ~ 7-30-94
Daughter of
Patricia Miller



Michael Knight
10-16-89 ~ 7-8-08
Son of Patricia Knight



Jason Bollard
4-5-74 ~ 7-16-11
Son of Candy Bollard



Trey Dobbs
10-20-02 ~ 7-20-71
Son of Debbie Johnson



Kathy Jo Tumminello
3-19-59 ~ 7-20-04
Sister of
Susie Gorman



Brian St. Clair
4-24-60 ~ 7-26-97
Son of
Janet St. Clair



Adam Grabill
3-6-74 ~ 7-23-83
Son of Beth Jones



Brian Christopher Harris
6-8-72 ~ 7-29-99
Son of Jolyn &
Richard Harris

Please share your stories, poems or love messages for inclusion in our newsletter.





We need not walk alone.

"I believe that we all need to find our individual ways of keeping the channels to our children open. My conversations with Philip may seem odd to some people, but they are right for me. I encourage you to honor your own private ways of communicating with your beautiful child, whatever they are." —*Kitty Reeve*

From My Heart . . . To Yours

The newly bereaved parents looked around the group at the meeting and hoped and prayed they wouldn't still be attending TCF meetings 20, 30, and 40 years from now. Well actually, we at TCF hope you will be.

You see, the bereaved parents who answered the call in their hearts to continue to open the door for monthly meetings and to go each and every month with arms open for hugs and tissue boxes passed around, are the one reason why you had a place to go and pour your hearts out, cry your eyes out, and feel justified in what you were experiencing since your child died.

If it were not for these bereaved parents who buried a child decades ago, there might not be anyone there to sit around and take the time to care about you, to listen with understanding, to offer support, to know what you are going through. It might have been many years ago, but those shoulders were dragging at one time, too.

Forty years ago, burying a child hurt just as much as it does for you today. Twenty years ago, the pain of loss was no different than it is for you today. These parents know. They understand. That's why they are still here. It is not because they can't move on with their own grief. It is because they want to help you move on with yours.

Thank goodness someone in your area listened to the voice in their heart to start a TCF group, to organize meetings, to put out a newsletter, to answer your phone call, to share their own story. Because of that, you feel safe to share your pain. And every time you share your feelings, every time you cry with someone, every time you work through your pain, healing is slowly and silently creeping into your heart.

One day you might feel you don't need to attend any more TCF meetings. We know that time will come. We will be happy for you. But if it should happen that a little voice in your heart continues to whisper . . . "Now it's your turn to help someone else," be sure and listen, because someone else is going to have to take the place of those who have been there for so many years before you arrived.

So, look around at those who have opened the doors for you and helped you. Then listen to your heart...always listen to your heart.

Cathy Heider
TCF North Central Iowa Chapter

Marc's Birthday

To my brother Marc in heaven:

Today, December 14, 2012 would be your 40th birthday. It has been 5 years since you left this Earth, but it seems like yesterday. I feel your presence often, and know you are watching over me always, my dear guardian angel. You are of the timeless and formless now, finally and completely free, free of pain, attachments, worldly thoughts, and all forms of suffering. I pray your transition was one of peaceful passing, as you transcended your human experience. You embody the spirit eternal now.

Today, here on earth, a tragedy took place, as I'm sure you already are aware. I know you will watch over these children whose lives were abruptly cut short today and empower their spirit to ease the suffering of their grieving loved ones here on Earth.

I miss you and love you, my dear brother...please continue to guide me in the right direction, to give me the strength and confidence I need to face my fears and conquer my demons as I navigate the bumpy roads on this journey called Life. I used to envision us sharing and supporting one another through life's defining moments...I still interact with you nightly in my dreams, only to awake and accept the reality of your physical absence daily. May you R.I.P. Marc. May your spirit soar gloriously above the heavens, gracefully free like a butterfly chasing a rainbow.

Lisa Pearlman, 12/14/12
TCF Metrowest Chapter, MA





We need not walk alone.

"The scents of a loved one are as much a part of them as the sound of a voice, the touch of a hand, or the tenderness of a kiss. There is nothing 'perverse' in wanting to cling to these precious memories. Memories are what remain after the death of our child and there is comfort to be found in them."
—Carole Ragland

A Year in the Life

How can we ever understand
The loss of a life so dear
It's still so hard to believe
It's almost been a year

We miss your love
We miss your smile
We pray that you are near
We pray that you will help us
Through relentless sadness
And endless tears

You're in a better place now
By God you were received
You'll never feel life's pain again
In that we do believe

We make our weekly journey
To the place you now call home
Across hillsides made of monuments
To touch your name carved in stone

We stand alone, we cry, we pray
Your brother, mom, and dad
A full year gone and counting
Our lives forever sad

*Tom Murphy
Greater Cincinnati TCF, East Chapter, OH
In Memory of my son, Brennan Murphy*

Second Anniversary

Yes, I'm an adult over 40
And Tom, little brother, was 25
When he died returning from his bar exam.
So what? Does grief have an end age?
Does someone 40 plus not die too
losing a sweet small playmate?
I see him learning to roller skate
I'm running beside the bike;
First game of the Cardinals' season
And, scared, in the stands,
A "gorilla" running wild.
Sleepy, at a drive-in, running around the zoo.

All that, and as an adult, I knew him too.
At graduations,
Proud in his own pad
Pouring Spanish champagne.
Tireless breaking wood feeding a hungry campfire
Cooking eggs for all, sharing dreams.
This sibling remembers and grieves.

*Jeanne Brady
TCF Olathe, KS*

After

After all the pain
We still can feel the sun.
Not without pain though,
Not without recrimination.

After all the sorrow
The sun still shines.
Not without sorrow though,
Not without repercussions.

For nothing is the same
And everything is different
After

My eyes open each morning
But not to you.
Sun shines,
Rain falls,
The earth revolves,
The moon shines full each month.
But you're still gone.
After.

The years go by,
On and on,
Milestones pass, but I can't share with you,
After.

When death happens
There is an illusion of time stopping
Just an illusion
For the living go on
After all.

*Melissa Anne Schroeter
TCF Rockland County, NY
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NO VACATION

There is no vacation from your absence.
Every morning I awake I am a bereaved parent.
Every noon I feel the hole in my heart.
Every evening my arms are empty.
My life is busy now, but not quite full.
My heart is mended, but not quite healed.
For the rest of my life
Every moment will be lived without you.
There is no vacation from your absence.

*Kathy Boyette
TCF, Gulf Coast, MS*



The Compassionate Friends of Tyler

P.O. Box 9714
Tyler, TX 75711

We are happy to send our newsletter to you. We hope that it is helpful to you to be kept informed of chapter resources and activities and that you still wish to receive our newsletters that contain excellent material relating to grief issues.

To keep our mailing list current, we do ask to hear from you each year making sure that our information is correct and that you still wish to receive our mailings. If we did not hear from you in the last year please indicate any appropriate choices below and return the form to the address at the bottom of this page.

Your Name: _____

Child's Name: _____ Relationship: _____

Birth Date: _____ Death Date: _____ Cause of Death: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Telephone: _____

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Please check any of following that apply.

Please continue sending the newsletter.

No thank you, I'd prefer to stop receiving the newsletter. (Newsletters are posted monthly on our Web site.)

Please include my child's name and picture in the slide presentation at the Candle Lighting Ceremony.

Please include my child's picture and information on the TCF Tyler Web site. (www.TylerTCF.org)

I am enclosing a memorial to support The Compassionate Friends in the amount of _____
Please make check payable to TCF

In memory of _____

Please use this gift for: TCF Newsletter Butterfly Release Candle Lighting TCF Events

The continuation of this chapter's work depends on donations. If you have not taken the opportunity to give a donation in memory of your child please consider taking this time to give a gift that will help reach out to other newly bereaved parents.

We must have your written permission on file to use your child's name and/or picture in the newsletter, Web site, Candle Lighting Ceremony or any other TCF event. Permission may be withdrawn at any time by written request. This information is used to maintain our Chapter Database. It is confidential and is only utilized for Chapter activities such as the newsletter.

(Signature) Date: _____

Please return completed form to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, TX 75711



"I don't think you ever stop giving. I really don't. I think it's an on-going process. And it's not just about being able to write a check. It's being able to touch somebody's life." —Oprah Winfrey



THE COMPASSIONATE FRIENDS

P.O. Box 9714
Tyler, Texas 75711



We need not walk alone.



www.TylerTCF.org

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