



www.TylerTCF.org

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Please join us at 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762.
We hope to see you at our next meeting!

We need not walk alone.



THE COMPASSIONATE FRIENDS
P.O. Box 9714
Tyler, Texas 75711




The Compassionate Friends

Supporting Family After a Child Dies



We need not walk alone.

Volume 20, Issue 10

Tyler, Texas

October 2019

Monthly Group Meeting

Tyler Area Meeting
17555 Hwy. 155 S.
(off Loop 49) Flint, TX 75762
3rd Monday of the month, 6:30 p.m.
Find us on Facebook @TylerTCF

Contact

Phone: (903) 422-0358
www.TylerTCF.org • info@TylerTCF.org
P.O. Box 9714 • Tyler, TX 75711

Co-Chapter Leaders:
Cheri Zucca & Trish Mann Taylor
Secretary: Trish Mann Taylor
Newsletter/Website: Mary Lingle
Tyler Meeting Facilitator:
Heather Ogg

Steering Committee: Cheri Zucca, Don & Leslie Dixon, Janet Majors, Trisha Mann Taylor, Barbara Barton, Heather Ogg, Kim Cathey, Mary Lingle

Joan & Bill Campbell, Regional Coordinators: (972) 935-0673
TCF National: (877) 969-0010
www.compassionatefriends.org

The Meeting Agenda

6:30 p.m. - Meeting will begin with refreshments followed by announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.

8:00 p.m. - Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

In This Issue...

Welcome	2
Grief Resources	2
Announcements	3
Birthdays	4-5
Shared Thoughts on Healing	5
Anniversaries	6-7
Newsletter Sponsor	7
Candles in the Night	8
Donations	8
A Suicide Survivors Beatitudes	9
Poems	10

Important TCF of Tyler Leadership Notice

With a very heavy heart, we'd like to let you know that the 2019 December Candlelighting could be the last Tyler Chapter event. We ask each of you to please consider the leadership role and keep the Tyler chapter going. Feel free to call us with any questions.

The current leadership of the Tyler Chapter is looking for candidates to take over the leadership position(s). We will gladly work beside you for the remainder of the year, but unfortunately our current life demands are not allowing us to be the leaders that TCF needs.

We both need to step down at the end of the year. We will definitely still be around for guidance and support so you won't be left to do this on your own. We will help out until you are comfortable with the position.

There's a regional conference in Houston in October which would be very helpful to anyone who may think they are interested. See the national website for more info.

We both want to say we have truly enjoyed the last several years. It's been a very rewarding and healing journey for us both, and we've made so many new relationships along the way!

Feel free to reach out to either of us with any questions if you think you may be interested.

Sincerely,
Cheri & Trisha

Annual Candle Lighting Ceremony in December

Our Annual Candle Lighting Ceremony will be Sunday, Dec. 8, 2019, at Crossroads Community Church, 13730 Hwy 155 South, Tyler. The service begins at 6:30 p.m. This year, canned food for the food pantry at our host church, as well as new toys, will be collected at the Candle Lighting.

This is a great way to meet and get to know the members of The Compassionate Friends. Getting involved will likely help you as well as the other members! Everyone is needed and welcomed! Please consider bringing a finger food of your choice. We need everything from sandwiches and chips to sweets and drinks. Your contribution will be appreciated and enjoyed on this special evening.

If you would like to help with the Candle Lighting set up, Saturday, the day before the event, take down, and anything in between, please call the TCF line at 903-422-0358. Thank you!

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



We need not walk alone.

"Sometimes our light goes out but is blown again into flame by an encounter with another human being. Each of us owes deepest thanks to those who have rekindled this inner light." —Albert Schweitzer

Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (held the third Monday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

The Compassionate Friends of Tyler
P.O. Box 9714
Tyler, Texas 75711

To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any “oldies” to welcome you, share your grief and encourage you? It was from them you heard, “Your pain will not always be this bad; it really does get softer.”

Grief Resources

Note: Some resources are based on individual opinion and experience and are not officially endorsed by the organization. The hope is that you may find a grief resource helpful to you and your family. We will continue to build on our resources column. Please let us know of any of your personal recommendations. Thank you.

Compassionate Friends (International Website) compassionatefriends.org
Also offers grief support for **siblings & grandparents**

The Childrens Park: www.childrensparktyler.org
Glory Babies meets the third Tuesday of every month at 6:30 p.m. at Alison house next to The Children's Park of Tyler: www.glorybabies.com

GriefShare: www.griefshare.org

Smith County Victim Services Division
www.tdcj.state.tx.us/divisions/vs/counties/smith.html

The Hospice of East Texas: www.hospiceofeasttexas.org

Victim Services Division - Texas Department of Criminal Justice - Online Resource Directory
www.tdcj.state.tx.us/divisions/vs

Survivors of Suicide: www.allianceofhope.org

Samaritan Counseling of Tyler: www.scctyler.org

Tyler Counseling & Assessment, LLP: www.tyler-counseling.com

Angel Layettes brings comfort to families grieving over the loss of an infant from miscarriage, stillbirth or death shortly after birth, and honor and dignity to the memory of the precious baby. Angel Layettes provides without charge custom designed burial layettes and keepsakes. angellayettes.org • 903-534-5212

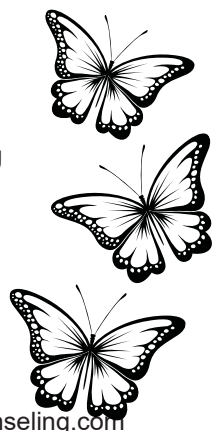
University of Texas at Tyler Psychology and Counseling and Training Clinic: 903-593-2348

The Cope Foundation: www.copefoundation.org

Grief Camps for Kids: www.moyerfoundation.org/programs

WINGS was established through Hospice of East Texas in 1993 to help children navigate the grieving process. WINGS, “a comprehensive bereavement program that provides both emotional support and grief education,” offers a camp (Camp G – grieve, grow and go forward) twice a year. For more information or to register for a grief support program, contact the Hospice of East Texas Bereavement Department at 903-266-3400 (Extension 127) or call 1-800-777-9860.

Group Meetings for Survivors of Trauma and Survivors of Suicide Loss, sponsored by Michael's House of Hope at the New Life Worship Center, 18535 Hwy. 69 S., Tyler, room 620. Call Dr. Timothy M. Roddam at 903-681-3161 for more information. Survivors of Trauma meets the second Thursday of each month from 6-7 p.m.



We're on Facebook! Search for The Compassionate Friends of Tyler and Like our page.



The Compassionate Friends of Tyler

P.O. Box 9714
Tyler, TX 75711

We are happy to send our newsletter to you. We hope that it is helpful to you to be kept informed of chapter resources and activities and that you still wish to receive our newsletters that contain excellent material relating to grief issues.

To keep our mailing list current, we do ask to hear from you each year making sure that our information is correct and that you still wish to receive our mailings. If we did not hear from you in the last year please indicate any appropriate choices below and return the form to the address at the bottom of this page.

Your Name: _____

Child's Name: _____ Relationship: _____

Birth Date: _____ Death Date: _____ Cause of Death: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Telephone: _____

E-mail: _____

Please check any of following that apply:

Due to the rising cost of postage, please send newsletters via email. My email address is _____.

I prefer not to receive the newsletter via email and would like to continue having a hard copy sent to the mailing address you have on file for me.

Please update my mailing address: _____

No thank you, I'd prefer to stop receiving the newsletter. (Newsletters are posted monthly on our website.)

Please include my child's name and picture in the slide presentation at the Candle Lighting Ceremony.

Please include my child's picture and information on the TCF Tyler Web site. (www.TylerTCF.org)

I am enclosing a memorial to support The Compassionate Friends in the amount of _____
Please make check payable to TCF

In memory of _____

Please use this gift for: TCF Newsletter Butterfly Release Candle Lighting TCF Events

The continuation of this chapter's work depends on donations. If you have not taken the opportunity to give a donation in memory of your child please consider taking this time to give a gift that will help reach out to other newly bereaved parents.

We must have your written permission on file to use your child's name and/or picture in the newsletter, Web site, Candle Lighting Ceremony or any other TCF event. Permission may be withdrawn at any time by written request. This information is used to maintain our Chapter Database. It is confidential and is only utilized for Chapter activities such as the newsletter.

Date: _____

(Signature)

Please return completed form to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, TX 75711



We need not walk alone.

"There is risk in embarking upon any new path. There is, however, little surprise or wonder or even accomplishment in traveling the same old road." —Unknown

October Birthdays



Cindy Dingler



Marshall Charles Donahue



Joey Moore



George Washington Shaw, III



Jeremy Mark Lawler



Christopher Andrews



Brittany Butler



James Brady Langston



Kendrick Clark



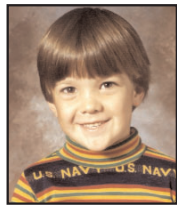
Patton Ross



Sandi McLain



Austin Dixon



Richard Heerd



Mark Turner



Kenneth Melvin



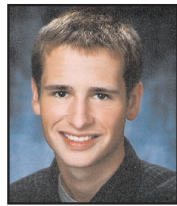
Trey Dobbs



Suzie Gorman



Rosa Linda Serrano



Neil Defenbaugh



Emily Elizabeth Ellis



Jessica Maureen Nix



Bonnie Lee Benson



A.J. Huggins



Clayton Norton



Allison Carson



Cason Gimble



J.D. Adams



Loren Saunders



Shellae Vicknair



Jesse Lee Irby



Patti Ann Gage



Gauge Austin Thomas



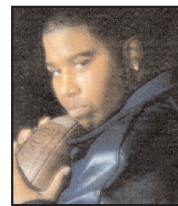
Ricardo Gonzalez



Michael Knight



Stephanie Mata



Todd Dean

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We need not walk alone.

"Sometimes you have to take it on blind faith that your heart is healing. It may not feel like the pain is going away. You might still cry just as hard as ever. But strength, confidence, and wisdom grow invisibly and you must trust that it is there." —Stephanie St. Claire

A Suicide Survivors Beatitudes

by LaRita Archibald

Blessed are those who recognize our grief is compounded: that we grieve the death of a beloved person, but foremost, we grieve the cause of the death—suicide.

Blessed are those who give us permission to mourn the loss of one dearly loved, free of judgment, censure and shame.

Blessed are spiritual guides who relieve our concerns for the repose of our loved one's soul with the truth that God is All-Knowing, All-Loving and All-Forgiving.

Blessed are those who don't offer the meaningless cliché, "Time heals," because, for a long while, the passing of time holds no meaning or value for us.

Blessed are those who don't say, "I know just how you feel," but instead say, "I am here for you. I will not tire of your tears or your words of sorrow and regret."

Blessed are those who have the patience and love to listen to our repetitive obsession with "why?" without offering useless answers or explanations.

Blessed are those who reaffirm the worth of our deceased beloved by sharing memories of his/her goodness and times of fun, laughter and happiness.

Blessed are the mental health care providers who explain to us that, very probably, our loved one died of a terminal illness called depression.

Blessed are those who challenge our sense of omnipotence with the reminder that no one has enough power or control over another to cause them to end their life.

Blessed are the first responders to our loved one's suicide who try to relieve our sense of guilt and responsibility by assuring us, "This death is not your fault."

Blessed are those who lend acceptance to the value of the relationship we shared with the one who died by allowing us to speak of them and "what might have been."

Blessed are those that allow and encourage us to use our loved one's death in a manner that gives our loss and grief meaning and purpose.

Blessed are those who do not expect us to find "closure," "grief resolution," "recovery," or to "be healed," understanding that these terms define "grief work in progress" that will take the rest of our life.

Blessed are community caregivers who direct us to suicide bereavement support groups where our anguish is understood, our loss validated and where we are encouraged by the example of others who have traveled this road before us.

Blessed are long-term survivors after suicide who role model. Not only can we survive, but, in time, we can thrive, we can regain peace of mind, restored confidence, renewed productivity and revived zest for living.

Reprinted from *The Survivors Group (friends and families of suicides) newsletter, Norwell, MA, May-June, 2004*





We need not walk alone.

"To spare oneself from grief at all cost can be achieved only at the price of total detachment, which excludes the ability to experience happiness."
—Erich Fromm

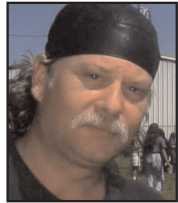
October Anniversaries



Wade Goetze



Sean Smith



Bill Bouslog



Janet Florey



Mikel Conway



T.J. Anderson



Erica Smith



Jake Schoonover



Jacob Mikal Burrell



Alexander Johnson



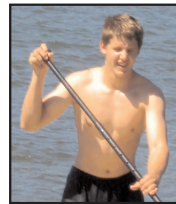
Cory Wayne Channon



J.L. Adams



Candace Beggs



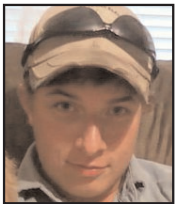
Zachary Bradley



Stacey Smith



John Patrick
Camahan



Aaron Sullender



J.D. Adams



Madeline Joy
Kearney



James Lee Lary



Alyssa Kathryn
Crim



Jonathan Shipman



Amanda Claire
Miller



Jackson Thomas
Feliciano



Joey Moore



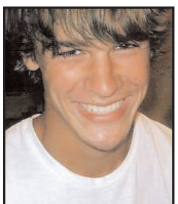
Kathy Robertson



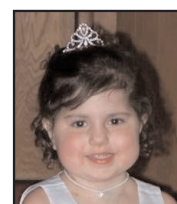
Christopher Bullock



Rosa Linda Serrano



Chris O'Leary



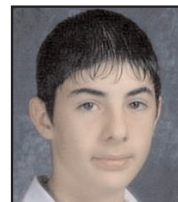
Hanna Olivia Collie



Todd Andrew
Thompson



Jennifer Massey



Trenton Cole
Bailey



Randy Thomas
Meyers



Stacy Hunter



Cheyenne
Stevenson

Continued on next page.



We need not walk alone.

"Forgiving is not forgetting, it's letting go of the hurt. Forgiveness does not change the past but enlarges the future." —Mary Read

October Anniversaries cont.



Terry Brendon
Reed Pettit



Phoebe Fair



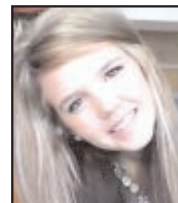
Matthew Lehew



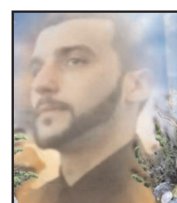
Robert Ryan White



Leon Wayne Lasiter



Cheyenne Ramirez



Jeff Maurer



Maxwell
Edward-Ray Glass



Catherine McCarty

A special THANKS to Melissa at Landmark Business Park for allowing us to stay rent-free for a couple months while we search for alternatives.

Thank you for your generous donations to TCF of Tyler. These 'love gifts' allow us to provide our local chapter with special events, the TCF Newsletter, our website and more!

Tanner Douglas

**In loving memory
of Tanner**

**by Heather Ogg
& Zach Reed**



This month's newsletter is sponsored Heather Ogg & Zach Reed.

Newsletter sponsorship is \$75. Contact us if you'd like to be a sponsor in memory of your loved one.





We need not walk alone.

"I'm not sure I would have survived without the Compassionate Friends. I was fairly convinced I was going nuts. I was sitting across the table from a man who started talking about what he experienced that first year, and it was like every thought I was having had gone through his head. I was so comforted. People there will listen to your story as many times as you need to tell it." —Patrick Malone

Candles in the Night

A heart broken by the death of a child can never be healed. As parents we try every way that can be thought of to cope with the loss, but the void will always be there. At first that emptiness seems to take your breath away and most times we wish it would.

This becomes different with the passage of time. It never goes away, but at some point we learn to live with it, and in fact this horrible feeling becomes a lifeline of sorts. One of our biggest fears is to forget our children. Forget how they looked or how their voices sounded. The smiles and tears that blur together to make a child. This emptiness in effect becomes a constant yearning to remember our children.

Our hearts force us to find ways to fill that void to maintain our role as parents. Some are as simple as visiting the cemetery and some are as complex as changing our entire lives, dedicated to the memory of our child. In between are the many rituals we create or borrow from others to honor the memories and to keep our child's name alive.



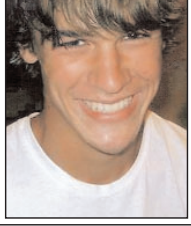




Lighting a candle and saying a child's name keeps their memory burning bright. It means we are struggling to cope with this unwanted role of bereaved parent in the only positive manner we can. We will most certainly shed tears every time and we will still miss our child, but we are doing something that allows the world to hear our child's name and for that one moment the candle means so much more than anyone else could ever understand.

For a fleeting second that is our universe and every memory we have comes flooding back to us as we see the flame through tears, distorting it into something magical. It's the only gift we can give our children. This is as close as we can get to our child now. A tiny, flickering flame that can warm the heart and it's nice to think that perhaps they can see it also. It's a beacon, our light in the window, our shining star in the darkness. It's an opening of our hearts and a way to share our grief.

We gather to honor the memories of our children and to share this bond of lighting a candle for the children all over the world. We miss them so much.

Jim Lowery, TCF Sugar Land/SW Houston Chapter

Thanks for your donations and continued support of TCF of Tyler.

<p>In loving memory of Alex Conway by Robert & Trisha Taylor</p> 	<p>In loving memory of Candice Lingle by Mary Lingle</p> 	<p>In loving memory of Andy Terrell by David & Teresa Terrell</p> 
<p>In loving memory of Chris O'Leary by Merri Walsh</p> 	<p>In loving memory of Leah Zucca by Jim & Cheri Zucca</p> 	<p>In loving memory of Chad Cavazos by Dale Cavazos</p> 
<p>In loving memory of Christopher Loper by Tina Loper</p> 	<p>In loving memory of Jared Sheets by Carol & Shane Johnson</p> 	<p>In loving memory of Stephanie Settle by Danny & Pat Settle</p> 



We need not walk alone.

"In three words I can sum up everything I have learned about life: It goes on."
—Robert Frost (Whose life 'went on' amidst the death of four of his six children.)

October Birthdays Cont.



Irish Faye Haggerty



Sydney Jane Farris



Dana Regester



Robin Reynolds



Keith Radabaugh



Amanda Anderson



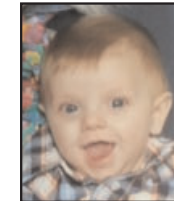
Randy Meyers



Kara Belanger



Cheyenne Stevenson



Carson Kerry Rose



Linton Daniel Wilgus



Tanner Michael Douglas



Maxwell Edward-Ray Glass

We hope to see you at the annual TCF Candle Lighting Ceremony in December!

Shared Thoughts on Healing

Healing is the one gift all bereaved parents & siblings are searching for. Because our pain is so all consuming and overwhelming, it makes us feel that it would be impossible to laugh or be happy again. We and all those around us want the impossible, which is to return to the way we were before the death of our child or sibling.

The shock of our loss usually insulates us, which helps us to get through those first few weeks of grief, but unfortunately that is about as long as some of our friends and family will hang in there with us. We are grieving for our child or sibling, but most friend's primary grief is for us and the pain we are going through, their tolerance for our extended grief wears thin. They want us to hurry and feel better so that their pain will go away.

About this time even we ask ourselves, "when will I feel better?" I can remember, after Doug's death, of wondering if the pain would ever ease. Life seemed so pointless and without hope. Just to survive a day seemed so difficult and demanded every ounce of strength I had.

Gradually, (and never as soon as we would like it to come), we do feel a glimmer of hope for some small interest in life again. No matter how small our accomplishment, we need to recognize this as healing. Little by little our empty feelings diminish, even though they are not gone. Since our healing time is proportionate to our loss, the road is very long and hard.

We at Compassionate Friends, have traveled the road. We never want to forget our loved ones. Our child or sibling died, but the love lives on, and what ever we were to one another, we still are. Healing is not forgetting, it's remembering without pain.

Our deep pain blocks our objectivity, but someday this agony (and the love for our child or sibling) will bring us new meanings about life. We have to choose our own path for peace and healing.

During your grief, if you feel more compassionate toward another's loss, refine your priorities, are less judgmental, want to ease someone's pain, or can remember your loved one without intense pain. You are healing!

Come share—we need one another to get to the other side of grief.

God Bless, Marie Hofmocker, TCF Valley Forge, PA





We need not walk alone.

"But there was no need to be ashamed of tears, for tears bore witness that a man had the greatest of courage, the courage to suffer." —Viktor E. Frankl

The Thing Is

by Ellen Bass

To love life, to love it even when you have no stomach for it and everything you've held dear crumbles like burnt paper in your hands, your throat filled with the silt of it. When grief sits with you, its tropical heat thickening the air, heavy as water more fit for gills than lungs; when grief weights you like your own flesh only more of it, an obesity of grief, you think, How can a body withstand this? Then you hold life like a face between your palms, a plain face, no charming smile, no violet eyes, and you say, yes, I will take you I will love you, again.

Submitted in honor of Jake by Lisa Schoonover

We Remember Them

In the rising of the sun and its going down, We Remember Them.

In the blowing of the wind and in the chill of winter, We Remember Them.

In the opening of the buds and in the rebirth of spring, We Remember Them.

In the blueness of the skies and in the warmth of summer, We Remember Them.

In the rustling of the leaves and in the beauty of autumn, We Remember Them.

In the beginning of the year and when it ends, We Remember Them.

When we are weary and in need of strength, We Remember Them.

When we are lost and sick of heart, We Remember Them.

When we have joys and special celebrations we yearn to share, We Remember Them.

As long as we live, they too shall live, for they are part of us, We Remember Them.

from the Jewish Book Of Prayer

We Are Survivors

In the beginning we are survivors groping and clawing merely to rise and face each day without our children
WITHOUT OUR CHILDREN
Intellectually we know the reality we have gone through
funerals wakes/shivas memorials
WE KNOW THE REALITY
but emotionally we cannot (nor should we) come to terms with this reality
one cannot make this emotional commitment called parenting then abruptly shut it off after a funeral
whether our child was six months or sixty our love our sacrifice our future cannot be measured by a chronological clock
thus we cling to the hope that this is a bad dream a mistake that soon there will be a knock at the door
the phone will ring we'll hear their footsteps upstairs
and they will be back where they belong
BACK WHERE THEY BELONG

In the beginning we face each day with disbelief we plod on but we want our children back
not their pictures not their clothes not their memories
WE WANT OUR CHILDREN BACK

As months turn into years years into years our lives start to "normalize"
(although we will never be the same again)
emotions begin to catch up with intellect
we gradually grudgingly come to realize that they are never coming back to the way they were
(we seek out psychics to connect with them where they are now)

As parents we have the need to nurture
(I will ALWAYS be your parent you will ALWAYS be my child)
we are compelled to make an emotional compromise and keep them alive in different ways
like the caterpillar transforming into a butterfly our children take on new lives
to be sure it is not the way we want it to be but now in our hearts and in our heads we say
"this is the way it is this is the way it is going to be" now
we are parents again and they are our children
we have paid the ultimate price for wisdom strength and courage
and though we will never be the same again we will BE

Phyllis and Moe Beres
TCF Babylon, NY

Published in We Need Not Walk Alone, ©1997



We need not walk alone.

"Vulnerability to death is one of the given conditions of life. We can't explain it any more than we can explain life itself. We can't control it, or sometimes even postpone it. All we can do is try to rise beyond the question, "Why did it happen?" and begin to ask the question, "What do I do now that it has happened?" —Harold S. Kushner

Love Gifts



Thanks to the following people who make a MONTHLY LOVE GIFT to TCF of Tyler:

(For monthly donors we will post photos of your children.)

- Merri Walsh in memory of Chris O'Leary - rent
- Carol & Shane Johnson in memory of Jared Sheets - rent
- Danny & Pat Settle in memory of Stephanie - rent
- Jim & Cheri Zucca in memory of Leah - rent
- Robert & Trisha Taylor in memory of Alex Conway - rent
- Barbara Barton in memory of Lindsey - rent
- Dale & Phyllis Cavazos in memory of Chad - newsletter
- Tina, Johnathan & Heather Loper in memory of Christopher - TCF Phone
- David & Teresa Terrell in memory of Andy - rental of a storage building

See more love gifts on page 7.



Newsletter Submissions

TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, Texas 75711. Or e-mail text and photos to: info@TylerTCF.org; We reserve the right to edit for space and/or content.

Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source.

Errors and Omissions: We try very hard to be sure that all of the names and dates of our children are correct. If you see an error in the newsletter, please contact TCF at 903-422-0358. We want to get it right and will correct the information for future use. Thanks very much.

Email Addresses: If we do not have your email address or it has changed, please email it to info@tylertcf.org so that we may email you announcements and updates about TCF of Tyler.

Sign up for email notifications of events and to be notified when the newsletter is posted online at: www.tylertcf.org

Announcements

Meeting Info: The meeting location is 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762. Our meeting is held on the third Monday of the month at 6:30 p.m. For more information, please call 903-422-0358.

Steering Committee Meeting: If you are interested in participating in our chapter by serving on the steering committee, please plan to attend a steering committee meeting. Anyone who would like to become more involved in TCF and serve on the steering committee is welcome to come! Email us at info@tylertcf.org to get involved!

News from National: Compassionate Friends National offers webinars for the public on grief related topics. Upcoming public webinars will include Death of a Child By Suicide, Pregnancy and Infant Loss, The Death of a Special Needs Child and How Can I Help When A Child Dies? Check out www.compassionatefriends.org for dates and times.

Event reminders for parents:

- If anyone is interested in singing at the Candle Lighting in December or if you know of anyone who is blessed with musical talent, and would like to participate, please contact us.
- If you have a butterfly release sign, please put it out the end of April or first of May.
- If we are storing your butterfly sign, please contact us to pick it up the end of April or first of May so you can put it out at place of your choice.
- Pre-Registration is required every year to have your child's picture in the butterfly garden. (We are very sorry, but due to growth we need to know who will be attending.)

TCF Quilt Announcement!

We are compiling names and photos for our 7th quilt! Please mail your \$30 donation for a square, child's name, and make sure we have a quality picture of your child that will show up well. Let us know quickly as we anticipate the list of 30 will fill up fast. You can mail your donation to TCF Tyler PO Box 9714 Tyler Texas 75711, please note on your check what it is for. Photos or questions can be emailed to info@TylerTCF.org.

