



...that their
light may
always shine.

Light a candle for all children who have died.
2nd Sunday in December, 6:30 p.m.



www.TylerTCF.org

Volunteers wanted!

If you would like to help with the Candle Lighting set up, Saturday, the day before the event, take down, and anything in between, please call the TCF line at 903-422-0358. Thank you!

Thanks to Skillern's Business Systems for printing our newsletter!

Skillern's Business Systems
1604 Grande Blvd., Tyler, TX 75703
903-561-5591 • www.skillerns.com

Please join us at 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762.
We hope to see you at our next meeting!

THE COMPASSIONATE FRIENDS



P.O. Box 9714
Tyler, Texas 75711

We need not walk alone.



**The
Compassionate
Friends**

Supporting Family After a Child Dies



We need not walk alone.

Volume 19, Issue 11

Tyler, Texas

November 2018

Monthly Group Meeting
Tyler Area Meeting
17555 Hwy. 155 S.
(off Loop 49) Flint, TX 75762

Contact

Phone: (903) 422-0358
www.TylerTCF.org • info@TylerTCF.org
P.O. Box 9714 • Tyler, TX 75711

Co-Chapter Leaders:
Cheri Zucca & Trish Mann Taylor
Secretary: Trish Mann Taylor
Newsletter/Website: Mary Lingle
Tyler Meeting Facilitators:
Leslie & Don Dixon

Steering Committee: Lisa Schoonover,
Cheri Zucca, Don & Leslie Dixon, Janet
Majors, Trisha Mann Taylor, Barbara
Barton, Heather Ogg, Mary Lingle,

Joan & Bill Campbell, Regional
Coordinators: (972) 935-0673
TCF National: (877) 969-0010
www.compassionatefriends.org

The Meeting Agenda

6:30 p.m. - Meeting will begin with refreshments followed by announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.
8:00 p.m. - Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

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Annual Candle Lighting Ceremony in December

Our Annual Candle Lighting Ceremony will be Sunday, Dec. 9, 2018, at Crossroads Community Church, 13730 Hwy 155 South, Tyler. The service begins at 6:30 p.m. This year, canned food for the food pantry at our host church, as well as new toys, will be collected at the Candle Lighting.

This is a great way to meet and get to know the members of The Compassionate Friends. Getting involved will likely help you as well as the other members! Everyone is needed and welcomed! Please consider bringing a finger food of your choice. We need everything from sandwiches and chips to sweets and drinks. Your contribution will be appreciated and enjoyed on this special evening.

If you would like to help with the Candle Lighting set up, Saturday, the day before the event, take down, and anything in between, please call the TCF line at 903-422-0358. Thank you!

New Shirts for Our Annual Candle Lighting Event



Now taking orders for our 2018 navy shirts. Cost is \$25 and you can pick them up at the ceremony or on Saturday morning, December 8, from 9 am till noon, where we will be setting up for the Sunday event. We appreciate all volunteers! Call or email to place your order: (903) 422-0358 or info@TylerTCF.org

Or, you may fill & cut out the form below and mail your check to P.O. Box 9714, Tyler, TX 75711 to purchase T-Shirts.

Child's/Children's name(s): _____ (required)

Number of T-shirt's to purchase _____ (\$25 ea) Shirt sizes: _____

Your name: _____ (required)

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



We need not walk alone.

"The overall theme is that grief, as in nature, there are cycles and movement. As seasons change, so do feelings. There is water and there are tears, there is winter and there is spring, there is sadness—and then is hope." —Unknown

Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (held the third Monday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

The Compassionate Friends of Tyler
P.O. Box 9714
Tyler, Texas 75711

To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any "oldies" to welcome you, share your grief and encourage you? It was from them you heard, "Your pain will not always be this bad; it really does get softer."

Grief Resources

Note: Some resources are based on individual opinion and experience and are not officially endorsed by the organization. The hope is that you may find a grief resource helpful to you and your family. We will continue to build on our resources column. Please let us know of any of your personal recommendations. Thank you.

Compassionate Friends (International Website) compassionatefriends.org
Also offers grief support for **siblings & grandparents**

The Childrens Park: www.childrensparktyler.org
Glory Babies meets the third Tuesday of every month at 6:30 p.m. at Alison house next to The Children's Park of Tyler: www.glorybabies.com

GriefShare: www.griefshare.org

Smith County Victim Services Division
www.tdcj.state.tx.us/divisions/vs/counties/smith.html

The Hospice of East Texas: www.hospiceofeasttexas.org

Victim Services Division - Texas Department of Criminal Justice - Online Resource Directory
www.tdcj.state.tx.us/divisions/vs

Survivors of Suicide: www.allianceofhope.org

Samaritan Counseling of Tyler: www.scctyler.org

Tyler Counseling & Assessment, LLP: www.tyler-counseling.com

Angel Layettes brings comfort to families grieving over the loss of an infant from miscarriage, stillbirth or death shortly after birth, and honor and dignity to the memory of the precious baby. Angel Layettes provides without charge custom designed burial layettes and keepsakes. angellayettes.org • 903-534-5212

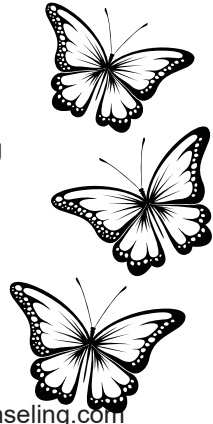
University of Texas at Tyler Psychology and Counseling and Training Clinic: 903-593-2348

The Cope Foundation: www.copefoundation.org

Grief Camps for Kids: www.moyerfoundation.org/programs

WINGS was established through Hospice of East Texas in 1993 to help children navigate the grieving process. WINGS, "a comprehensive bereavement program that provides both emotional support and grief education," offers a camp (Camp G – grieve, grow and go forward) twice a year. For more information or to register for a grief support program, contact the Hospice of East Texas Bereavement Department at 903-266-3400 (Extension 127) or call 1-800-777-9860.

Group Meetings for Survivors of Trauma and Survivors of Suicide Loss, sponsored by Michael's House of Hope at the New Life Worship Center, 18535 Hwy. 69 S., Tyler, room 620. Call Dr. Timothy M. Roddam at 903-681-3161 for more information. Survivors of Trauma meets the second Thursday of each month from 6-7 p.m.



We're on Facebook! Search for The Compassionate Friends of Tyler and Like our page.



The Compassionate Friends of Tyler

P.O. Box 9714
Tyler, TX 75711

We are happy to send our newsletter to you. We hope that it is helpful to you to be kept informed of chapter resources and activities and that you still wish to receive our newsletters that contain excellent material relating to grief issues.

To keep our mailing list current, we do ask to hear from you each year making sure that our information is correct and that you still wish to receive our mailings. If we did not hear from you in the last year please indicate any appropriate choices below and return the form to the address at the bottom of this page.

Your Name: _____

Child's Name: _____ Relationship: _____

Birth Date: _____ Death Date: _____ Cause of Death: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Telephone: _____

E-mail: _____

Please check any of following that apply:

Due to the rising cost of postage, please send newsletters via email. My email address is _____.

I prefer not to receive the newsletter via email and would like to continue having a hard copy sent to the mailing address you have on file for me.

Please update my mailing address: _____

No thank you, I'd prefer to stop receiving the newsletter. (Newsletters are posted monthly on our website.)

Please include my child's name and picture in the slide presentation at the Candle Lighting Ceremony.

Please include my child's picture and information on the TCF Tyler Web site. (www.TylerTCF.org)

I am enclosing a memorial to support The Compassionate Friends in the amount of _____
Please make check payable to TCF

In memory of _____

Please use this gift for: TCF Newsletter Butterfly Release Candle Lighting TCF Events

The continuation of this chapter's work depends on donations. If you have not taken the opportunity to give a donation in memory of your child please consider taking this time to give a gift that will help reach out to other newly bereaved parents.

We must have your written permission on file to use your child's name and/or picture in the newsletter, Web site, Candle Lighting Ceremony or any other TCF event. Permission may be withdrawn at any time by written request. This information is used to maintain our Chapter Database. It is confidential and is only utilized for Chapter activities such as the newsletter.

(Signature) Date: _____

Please return completed form to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, TX 75711



We need not walk alone.

"You pick up your burdens and go on. Amazingly you have survived a blow more painful than anything you ever imagined. Even though you wish you could have died too, it slowly dawns on you that you must still live because after the first year—comes the second year." —Liz Ford

November Birthdays



Wade Goetze



Rusty Welch



Randall Thorton, Jr.



Nathaniel Bolom



Shane Crim



Stacy Hunter



Christopher Jordan Pope



Mike Loughmiller



Brandon Whitfield



Lindsey Stewart



Erik Scott McKinney



Aaron Yarbrough



Kayla Smith



Patricia Ann Edwards



Mary Adams



Missy Rogers



Kristi Diaz



Rayvn Caldwell



Jill Tompkins



Mikel Conway



Haylee Lee



Blake Owens



Lorie McLain



Doug Norton



Austin Lane Phillips



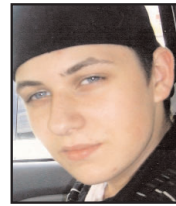
Whitni Ray



Brytnie Leah Stithem



Christina Boyd



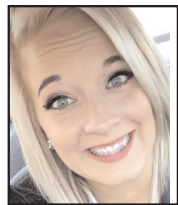
Gaaron Hicks



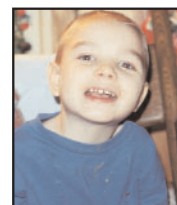
Bridgette Munson



Lucy Meredith Beerline



Haile Rae Beasley



Riley Noah Oden



Ellie Mae Richards



Cord Ervin



We need not walk alone.

"Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has." —Margaret Mead

Simple Steps Towards Healing

Acknowledge the loss; embrace and own the experience and the loss whatever you are feeling; allow yourself to experience all the emotions of grief; find ways to express your anger and pain in non-destructive ways; find support; build a support system of compassionate listeners; skip the self-judgment; let the judgment of others pass through you without damage; forgive yourself for whatever you believe you have done or not done; release the hurt, the anger and the guilt; be careful what you release; once released those things are gone forever; work towards healing; practice forgiving yourself for living; concentrate on your loved one's life, not the death; discover the person you are now; begin to release the hurt in search of hope; never, ever, ever forget your loved one lived.

Making Progress Through Grief

You know you're making progress through grief when; you don't always choke when you say your loved one's name; tears don't always well up in your eyes when you think of your loved one; the cause of death isn't the emphasis anymore; memories, for the most part, bring comfort not pain; you realize your plans don't include your loved one any more; you realize you are someone different; you can forgive yourself for living, when your loved one did not; your identity is no longer highlighted by the word Bereaved; you know that even though your loved one died, the love between you can never be destroyed; may love be what you remember most.

Darcie Sims

The Meaning of the Leaf and Tear Drop

You might have seen this on cards, framed prints, jewelry. The leaf and teardrop symbolize the love and grief that families and loved ones feel when someone dies.

They reflect both the intense suffering of loss and hope for the future. The leaf, though fallen, is green with upturned edges, symbolizing hope. It floats in a pool of moving water, symbolizing there is movement in grief and hope for the future.

Colors range from a very deep purple, which represents intense sadness, to a much lighter and pale shade, symbolizing light and hope for the future. The drop on the leaf may be either a dew drop or a tear drop—meant to be whatever the person looking at the picture wants it to be.

The overall theme is that grief, as in nature, there are cycles and movement. As seasons change, so do feelings. There is water and there are tears, there is winter and there is spring, there is sadness—and then is hope.

TCF, Greater Omaha Chapter

Tips for Creative Coping

Identify specific feelings; do not generalize. Acknowledge your thoughts; accept both the positive and the negative. Together we'll share it, together we'll bear it, and together we'll see it through. Make a conscious attempt to regain a sense of humor; a zest for living. Figure out exactly what you want to do and do it! Become as informed and knowledgeable as possible; knowledge is power. Assert yourself; ask for what you need. Believe in yourself; listen to yourself. Engage in whatever exercise and activity as possible. Set small goals first; accomplish them; set bigger goals. Set specific dates with yourself to do something you like. Reach out to others. Focus on only one worry at a time; pick your worries; don't worry about worrying. Search for joy every day; insist on it! Try to retain a sense of perspective. Remember that life requires effort on your part; work at lifting depression one day at a time; know some days all you can manage is one minute at a time. Don't wait for happiness; make it happen now; this is it! Realize that love isn't enough, but nothing works without it. Don't forget to dream; practice it often. Be kind to yourself; learn to forgive yourself. Laugh at least once a day. Listen to everyone, but follow your own music. Hug someone often; hug yourself.

Darcy Simms





We need not walk alone.

"To spare oneself from grief at all cost can be achieved only at the price of total detachment, which excludes the ability to experience happiness."
—Erich Fromm

November Anniversaries



Thomas 'Chuck' Carroll



Salvador Estrada



Erika Stafford



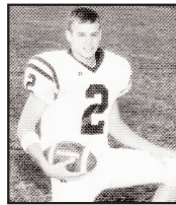
Austin Lane Phillips



Shane Crim



Stephanie Mata



Scottie Baker



Jonathan Reynolds



Cameron Lee Robinson



Nathaniel Bolom



Randy Cannon, Jr.



Patricia Ann Edwards



Candice Lingle



Ijuan Simms



Ty Foster Mabry



Ronald Gary Smith



Crystal Greene



Cynthia Harper



Timothy Treadwell



Justin Goodman



Michael Ritchie



Derek Brown



A.J. Huggins



Calan Cameron Decker McKeethan



Brooke Wallace



Andy Terrell



Patti Ann Gage



Burke Warren Lewis



Kyle Foster



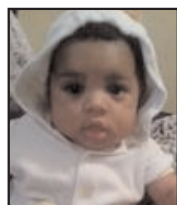
Carolyn Love



Lillian Oldham



Zi'lain Cummings



Pharaoh Lydia



Britney Trahan



Bridget Munson



Payton Herrington



We need not walk alone.

"...I understood there would be another future—not the one I thought I had the right to expect—but one where I dared carry hope in my heart again."
—Eva Lager

November Anniversaries cont.



Chad Everett Guill



Michael Chapman



Timothy Andrew Wild



Brian Peel



Jonathan Reynolds



Ellie Mae Richards

Letting Go of the Pain

A few weeks or a few months after your child died, you will probably find yourself in a situation where you find yourself laughing or having a good time—then you think to yourself "How can I dare laugh or have any fun now that my child has died and I hurt so bad?" We've all had this feeling in the early stages of our grief, I urge you newly bereaved, PLEASE do not feel guilty about enjoying the happiness that comes with life. When you find yourself laughing and enjoying something in life, it doesn't mean that you have forgotten your child it just means that you are "letting go" of some of the pain. In all of our lives there will be tears and in all of our lives there should be laughter.

When people used to say to me "You must put it behind you and let go of your child and start living again." I wondered what they meant by "it." I would get very angry. How dare those people think I could ever "let go" of my child, or even want to but after a while I realized that I don't have to "let go" of my child in order to live again. I just have to "let go" of the pain that his death caused. His life will always be a part of me and so will his death; I'll never forget him, but I don't have to keep the grief and pain with me always. So if you see me cry, I'm "letting go" of some pain. And when you see me laughing or having a good time, I'm living life again.

Verne S., TCF Fort Worth, TX

**In loving memory
of Jake Schoonover
by Mr. & Mrs. Clark
Roberts**

**Beautiful boy,
We've missed you every day for ten
years, and we'll be missing you every
day until we see you again.**



This month's newsletter is sponsored by asdf.

Newsletter sponsorship is \$75. Contact us if you'd like to be a sponsor in memory of your loved one.

Continued on next page.





We need not walk alone.

"Death ends a life, not a relationship. Let go of the pain and allow the memories to remain." —Robert Anderson

What Comes After Death?





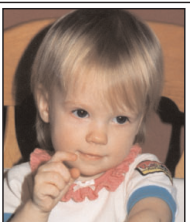

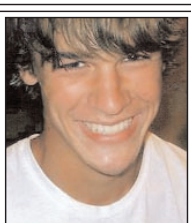





In the bottom of an old pond lived some grubs who could not understand why none of their group ever came back after crawling up the stems of the lilies to the top of the water. They promised each other that the next one who was called to make the upward climb would return and tell what happened to him. Soon one of them felt an urgent impulse to seek the surface; he rested himself on the top of a lily pad and went through a glorious transformation which made him a dragonfly with beautiful wings. In vain he tried to keep his promise. Flying back and forth over the pond, he peered down at his friends below. Then he realized that, even if they could see him, they wouldn't recognize such a radiant creature as one of their number.

The fact that we cannot see our friends or communicate with them after the transformation, which we call death, is no proof that they cease to exist.

Reprinted from Staten Island, NY, TCF Newsletter

We hope to see you at the annual TCF Candle Lighting Ceremony in December!

Thanks for your donations and continued support of TCF of Tyler.

<p>In loving memory of Melissa Majors by Janet Majors</p> 	<p>In loving memory of Jake Schoonover by Mr. & Mrs. Clark Roberts</p> 	<p>In loving memory of Keisha Knauss by Jon Knauss & Vicki Lee</p> 
<p>In loving memory of Alex Conway by Robert & Trisha Taylor</p> 	<p>In loving memory of Candice Lingle by Mary Lingle</p> 	<p>In loving memory of Andy Terrell by David & Teresa Terrell</p> 
<p>In loving memory of Chris O'Leary by Merri Walsh</p> 	<p>In loving memory of Leah Zucca by Jim & Cheri Zucca</p> 	<p>In loving memory of Chad Cavazos by Dale Cavazos</p> 
<p>In loving memory of Christopher Loper by Tina Loper</p> 	<p>In loving memory of Jared Sheets by Carol & Shane Johnson</p> 	<p>In loving memory of Stephanie Settle by Danny & Pat Settle</p> 



We need not walk alone.

"No matter where you are in your journey toward healing, bolster the hope that arises within you. Your healing is probably the best memorial you may erect to your dead child!" —Robert Gloor

Grandpa's Baby

This fortress for the sick and broken was an intimidating structure. It was not the tallest or the longest but it was the most formidable. Dread would build bringing back memories of visits to the dentist, principals; office, jury duty. There were just some places you didn't want to go. There was only one other place more to be avoided and that was the one where finality reigned supreme and the occupants offered silent agreement. The last glance towards the edifice accompanied a final determined sigh to confront unknown outcomes within this most respected and feared house of hope and horrors.

The white walls against the white floors accented with white bed sheets wallowed in odors of antiseptic cleanliness. Bags of liquid hung on coat hanger devices connected with tubes. Assorted wires attached to digital machines displaying meaningless numbers to the ill informed. A jumble of knowledge, good intention, and directed functions occupied this atmosphere. It was as friendly as it was matter of fact routine business, a little of one and a lot of the other. Though the uniformed have purpose and necessity and scurry about accordingly they become part of the background of this real life painting of the little one at the heart of the portrait that is Grandpa's child.

Professional adults move in and out on missions of mercy and serious efforts to defy death. Standing by the glass partition and staring longingly towards the little one a grandpa's large hand trembles struggling for the hanky he has carried so faithfully as tears flow freely from older eyes that have now seen too much and now lived too long. The little boy he held in his arms so many years ago has a child that is very hurt. His son seems sad beyond repair and the grandfather leader of the family is so helpless to fix it like he has so many times before. His son's eyes tell him, beg him, to just fix it Dad. Work your magic and make it better worked before but now lies useless when confronted by the ultimate truth that even Dad or Grandpa can't repair everything.

The child that cannot talk inspires love that the heart can hear. Time and circumstance had not granted a final exchange of glances or words. The bond between Souls needs nothing to be recognized. The great questions that previously occupied adult contemplation become great folly. All of the king's horses and all of the king's men could not put this little one together again. Reality has changed the powerful into the pitiful. The father of the family could neither fix his grandchild's body nor replace his son's broken heart. The other great hand rose to the glass wall and pleading not pounding was the masculine great hands desire. Eyes closed as Grandpa spoke silently to no one but asked for help, a miracle, since he did not know how his family could survive without this most precious and special love.

The feather on his shoulder was a gentle human hand. This angelic touch conveyed soft reassuring warmth. Turning towards the owner Grandpa saw the young child's father and heard the words as unspoken as his grandchild's love. I love you dad filled the silent air. The two men hugged and with arms on shoulders adjusted their observation through their watery blur in the direction of their little one who taught them of true love once again.

TCF Livonia, Michigan Chapter

When Grief Is New—Reminders

Try not to imagine the future, take one day at a time. Allow time to cry, both with loved ones and alone. Don't shut others out from your thoughts and feelings. Share these difficult times. You may grow closer for it. Be realistic with expectations for yourself, family, and friends. When a good day comes, relish it. Don't feel guilty and don't get discouraged because it doesn't last. Take care of yourself, rest even if you don't sleep. Help your body to heal as well as your mind. Share your feelings with others at TCF meetings and let them share with you. You will find that as you begin caring about the pain of others, you will start to come out of your shell—a very healthy sign.

Mary E., TCF Valley Forge, PA





We need not walk alone.

"We had in our lives a person whom we loved and cherished and who loved and cherished us for twenty-seven years. We are lucky to have shared a large part of our lives with such a wonderful person. Our only logical choice now is to do our best to create happiness again." —*Scott Mastley*

Don't Think I Do Not Grieve

Don't think I do not feel;
because you see no tears.
A river rages deep inside
of grief, and loss, and fears.

Just because I do not cry now,
don't think my heart's not broken.
I keep inside the misery
of words not to be spoken.

Sometimes I smile, or crack a joke,
so you won't see the pain;
or notice how my hands will shake,
or how I've gone insane.

Each time I chance to think of her,
my heart is ripped asunder.
The loss I feel is mine alone.
you will not see my thunder.

Brenda P., TCF Jackson, MS

At First

At first
my very name was grief.
My eyes saw only grief,
my thoughts were grief...
And everything I touched
was turned to grief.

But now
I own the light of memories.
My eyes can see you,
and my thoughts can know you
for what you really are:
more than a young life lost,
more than a radiance
gone into night.

Today you have become
a gift beyond my grief,
a treasure to my world—
though you have left my world
and me behind.

Sascha

A Little Farther Down the Road

*By Alan Pedersen in memory of his daughter,
Ashley Marie Pedersen*

I know those tears you're crying.
I've been in your shoes.
You feel like there's no use in trying,
Like there's nothing left to lose.
You take one step forwards,
Move two steps back.
You may not see it now
But it won't always be like that.
A little farther down the road,
You'll see the sun again.
A little farther down the road,
You'll look back at where you've been.
You'll see how far you've come
And you'll find the strength to go
A little farther down the road.
This journey is not easy.
It's a winding road
Filled with twists and turns.
You can make it, believe me.
In time you'll learn
Your greatest love comes
From your deepest pain.
And there's power in that love
To help you rise again.
A little farther down the road,
You'll see the sun again.
A little farther down the road,
You'll look back at where you've been.
You'll see how far you've come
And you'll find the strength to go
A little farther down the road.

Early Grief

I feel a lightless void inside
It has no name.
I know that others
Say I am in grief.
But for me,
It is without a name,
A mortal distress
Beyond words.

Sascha Wagner



We need not walk alone.

"We quickly find there are no words to describe the experience of losing a child. For those who have not lost a child, no explanation will do. For those who have, no explanation is necessary." —*Mary Lingle*

Love Gifts



Thanks to the following people who make a MONTHLY LOVE GIFT to TCF of Tyler:

(For monthly donors we will post photos of your children.)

- [Merri Walsh in memory of Chris O'Leary - rent](#)
- [Carol & Shane Johnson in memory of Jared Sheets - rent](#)
- [Danny & Pat Settle in memory of Stephanie - rent](#)
- [Jim & Cheri Zucca in memory of Leah - rent](#)
- [Robert & Trisha Taylor in memory of Alex Conway - rent](#)
- [Barbara Barton in memory of Lindsey - rent](#)
- [Dale & Phyllis Cavazos in memory of Chad - newsletter](#)
- [Tina, Johnathan & Heather Loper in memory of Christopher - TCF Phone](#)
- [David & Teresa Terrell in memory of Andy - rental of a storage building](#)

See more love gifts on page 7.



Newsletter Submissions

TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, Texas 75711. Or e-mail text and photos to: info@TylerTCF.org; We reserve the right to edit for space and/or content.

Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source.

Errors and Omissions: We try very hard to be sure that all of the names and dates of our children are correct. If you see an error in the newsletter, please contact TCF at 903-422-0358. We want to get it right and will correct the information for future use. Thanks very much.

Email Addresses: If we do not have your email address or it has changed, please email it to info@tylertcf.org so that we may email you announcements and updates about TCF of Tyler.

Sign up for email notifications of events and to be notified when the newsletter is posted online at: www.tylertcf.org

Announcements

NEW MEETING PLACE! The new meeting location is 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762. Our meeting is held on the third Monday of the month at 6:30 p.m. For more information, please call 903-422-0358.

Steering Committee Meeting: If you are interested in participating in our chapter by serving on the steering committee, please plan to attend a steering committee meeting. Anyone who would like to become more involved in TCF and serve on the steering committee is welcome to come! Email us at info@tylertcf.org to get involved!

News from National: Compassionate Friends National offers webinars for the public on grief related topics. Upcoming public webinars will include Death of a Child By Suicide, Pregnancy and Infant Loss, The Death of a Special Needs Child and How Can I Help When A Child Dies? Check out www.compassionatefriends.org for dates and times.

Event reminders for parents:

- If anyone is interested in singing at the Candle Lighting in December or if you know of anyone who is blessed with musical talent, and would like to participate, please contact us.
- If you have a butterfly release sign, please put it out the end of April or first of May.
- If we are storing your butterfly sign, please contact us to pick it up the end of April or first of May so you can put it out at place of your choice.
- Pre-Registration is required every year to have your child's picture in the butterfly garden. (We are very sorry, but due to growth we need to know who will be attending.)

VOLUNTEER OPPORTUNITIES!

Dear TCF Members,

As always, we welcome volunteers to serve in any capacity within our group, including sending out birthday and anniversary cards each month.

We are already planning our Annual Candlelighting Ceremony for December and would love to have your help!

If you'd like to get involved as a volunteer or steering committee member, please reach out to us. We'd love to have you aboard!

Sincerely,
Cheri & Trisha

