

A special THANKS to Melissa at Landmark Business Park for discounting our rent so that we can continue meeting at our current location!



www.TylerTCF.org

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Please join us at 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762.  
We hope to see you at our next meeting!

*We need not walk alone.*



THE COMPASSIONATE FRIENDS  
P.O. Box 9714  
Tyler, Texas 75711



The Compassionate Friends

Supporting Family After a Child Dies



*We need not walk alone.*

Volume 21, Issue 12

Tyler, Texas

December 2020

**Monthly Group Meeting**  
Tyler Area Meeting  
17555 Hwy. 155 S.  
(off Loop 49) Flint, TX 75762  
3rd Monday of the month, 6:30 p.m.  
Find us on Facebook @TylerTCF

**Contact**

Phone: (903) 422-0358  
www.TylerTCF.org • info@TylerTCF.org  
P.O. Box 9714 • Tyler, TX 75711

**Chapter Leader:** Heather Ogg;  
**Secretary:** Trish Mann Taylor;  
**Newsletter/Website:** Mary Lingle; Tyler Meeting Facilitator: Heather Ogg

**Steering Committee:** Cheri Zucca, Janet Majors, Trisha Mann Taylor, Barbara Barton, Carol Johnson, Heather Ogg, Kim Cathey, Debra Ritchie, Mary Lingle

Joan & Bill Campbell, Regional Coordinators: (972) 935-0673  
TCF National: (877) 969-0010  
www.compassionatefriends.org

**The Meeting Agenda**

6:30 p.m. - Meeting will begin with announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.  
8:00 p.m. - Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

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**Annual Candle Lighting Ceremony in December**

If you would like to join us online for this special virtual event, watch for an email with details from our chapter leader. If you're not on our email/newsletter list, please subscribe at www.tylertcf.org. You can also visit the national website on the day of the event.

**We still have new shirts from our Annual Candle Lighting Event**



Call or email to place your order: (903) 422-0358 or info@TylerTCF.org

Or, you may fill and cut out the form below and mail your check to P.O. Box 9714, Tyler, TX 75711 to purchase T-Shirts.

Child's/Children's name(s): \_\_\_\_\_ (required)

Number of T-shirt's to purchase \_\_\_\_\_ (\$25 ea) Shirt sizes: \_\_\_\_\_

Your name: \_\_\_\_\_ (required)

**"Thank you" to TCF leadership and members for providing resources, friendship, light and glimpses of life-giving hope over the last 15 years.**  
-Carol Thompson

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



We need not walk alone.

"As far as we can discern, the sole purpose of human existence is to kindle a light in the darkness of mere being." —Carl Jung

### Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (held the third Monday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

The Compassionate Friends of Tyler  
P.O. Box 9714  
Tyler, Texas 75711

### To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

### To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any “oldies” to welcome you, share your grief and encourage you? It was from them you heard, “Your pain will not always be this bad; it really does get softer.”

### Grief Resources

*Note: Some resources are based on individual opinion and experience and are not officially endorsed by the organization. The hope is that you may find a grief resource helpful to you and your family. We will continue to build on our resources column. Please let us know of any of your personal recommendations. Thank you.*

**Compassionate Friends (International Website)** [compassionatefriends.org](http://compassionatefriends.org)  
Also offers grief support for **siblings & grandparents**

**The Childrens Park:** [www.childrensparktyler.org](http://www.childrensparktyler.org)  
**Glory Babies** meets the third Tuesday of every month at 6:30 p.m. at Alison house next to The Children’s Park of Tyler: [www.glorybabies.com](http://www.glorybabies.com)

**GriefShare:** [www.griefshare.org](http://www.griefshare.org)

**Smith County Victim Services Division**  
[www.tdcj.state.tx.us/divisions/vs/counties/smith.html](http://www.tdcj.state.tx.us/divisions/vs/counties/smith.html)

**The Hospice of East Texas:** [www.hospiceofeasttexas.org](http://www.hospiceofeasttexas.org)

**Victim Services Division - Texas Department of Criminal Justice - Online Resource Directory**  
[www.tdcj.state.tx.us/divisions/vs](http://www.tdcj.state.tx.us/divisions/vs)

**Survivors of Suicide:** [www.allianceofhope.org](http://www.allianceofhope.org)

**Samaritan Counseling of Tyler:** [www.scctyler.org](http://www.scctyler.org)

**Tyler Counseling & Assessment, LLP:** [www.tyler-counseling.com](http://www.tyler-counseling.com)

**Angel Layettes** brings comfort to families grieving over the loss of an infant from miscarriage, stillbirth or death shortly after birth, and honor and dignity to the memory of the precious baby. Angel Layettes provides without charge custom designed burial layettes and keepsakes. [angellayettes.org](http://angellayettes.org) • 903-534-5212

**University of Texas at Tyler Psychology and Counseling and Training Clinic:** 903-593-2348

**The Cope Foundation:** [www.copefoundation.org](http://www.copefoundation.org)

**Grief Camps for Kids:** [www.moyerfoundation.org/programs](http://www.moyerfoundation.org/programs)

**WINGS** was established through Hospice of East Texas in 1993 to help children navigate the grieving process. WINGS, “a comprehensive bereavement program that provides both emotional support and grief education,” offers a camp (Camp G – grieve, grow and go forward) twice a year. For more information or to register for a grief support program, contact the Hospice of East Texas Bereavement Department at 903-266-3400 (Extension 127) or call 1-800-777-9860.

**Group Meetings for Survivors of Trauma and Survivors of Suicide Loss**, sponsored by Michael’s House of Hope at the New Life Worship Center, 18535 Hwy. 69 S., Tyler, room 620. Call Dr. Timothy M. Roddam at 903-681-3161 for more information. Survivors of Trauma meets the second Thursday of each month from 6-7 p.m.



We’re on Facebook! Search for The Compassionate Friends of Tyler and Like our page.



We need not walk alone.

"To weep is to make less the depth of grief." —William Shakespeare

### As We Near the Special Season

As we near the special season that stirs up feelings of heritage, patriotism, thanksgiving, and our relationship with God, we are instantly reminded that it doesn't seem to fit together for us; our personal sense of well-being is suffering. Our hearts and spirits are undergoing the trauma of painfully fresh wounds in some cases, while others are coping with the scar tissue of older grief that refuses to heal or restore comfort to their lives. This season reminds me we are living with extra stress that must be resolved. I offer a few thoughts to each of you, along with my love, in hope that feelings of peace and purpose will return to bring you comfort.

First, be careful in agreeing to take on the traditional extra work that goes with holidays. You are coping with grief that will take much of your usable energy.

Second, be especially kind and patient with yourself. The need for physiological rest is vital at this time; regular sleep and rest hours will help.




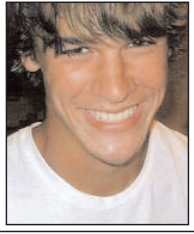





Third, be aware that holidays and alcohol have become traditional companions; extra caution may be necessary to prevent the depressant effects of alcohol from further aggravating your grief anxiety.

Fourth, it's okay to change past practices that are especially painful reminders of what can be no more; do something different if you have to.

Finally, allow yourself private time as you need to, but also remember it's important to allow others to try to bring you comfort and give you extra help during the holidays. Loved ones need feedback that says: "I'm trying to recover, and I appreciate your help." Peace be with you.

Ann Frost, TCF, Middle Georgia Chapter

### Thanks for your donations and continued support of TCF of Tyler.

<p>In loving memory of <b>Burke Lewis by Martha Lewis</b></p> 	<p>In loving memory of <b>Christopher Forzano by Barbara Zimmerman</b></p> 	<p>In loving memory of <b>Alex by Robert &amp; Trisha Taylor</b></p> 
<p>In loving memory of <b>Chris O’Leary by Mary O’Leary Walsh</b></p> 	<p>In loving memory of <b>Leah Zucca by Jim &amp; Cheri Zucca</b></p> 	<p>In loving memory of <b>Chad Cavazos by Dale Cavazos</b></p> 
<p>In loving memory of <b>Tanner Douglas by Heather Ogg &amp; Zach Reed</b></p> 	<p>In loving memory of <b>Christopher Loper by Tina Loper</b></p> 	<p>In loving memory of <b>Andy Terrell by David &amp; Teresa Terrell</b></p> 



"This Winter of your life will pass, as all seasons do. Stay in your season of Winterness as long as need be, for everything you feel is appropriate. There is no right way to grieve. There is just your way. It will take as long as it takes."  
—Rusty Berkus, from *To Heal Again*

**December Birthdays**



Jonathan Reynolds



Erica Smith



Graham Gill



Zackery Browne



Heath Hopson



Logan Alexander



Renee Seale



Dex Bailey McLean



Daniel Anderson



Christopher John Fisher



Shelby Williams



Amber Drake



Stephanie Settle



Salvador Estrada



Phillip Kuhn



Jessica Noelle Kirkpatrick



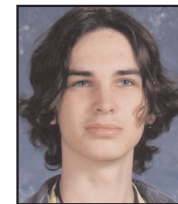
Jeremy Simpson Brown



Tamy Land



Tiffany Johnston



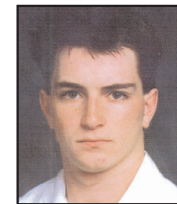
Ryszard Spakovsky



Alexander Fleming



Tiffany LeAnn Tanner



Brandon Weatherly



James Rowland Allen



Sarah Harvey



Shannon Scheffler



Ashley McCaa



Taylor Davis



Cory Blackmon



Stephen Townsend



Lindsey LeMon



Dawn Marie Wilson



Burke Warren Lewis



David LaTrell Milton



A.J. Frazier



Lauren Campbell

*Continued on next page.*

"I do not believe that sheer suffering teaches. If suffering alone taught, all the world would be wise, since everyone suffers. To suffering must be added mourning, understanding, patience, love, openness and the willingness to remain vulnerable." —Anne Morrow Lindbergh

**Burke Lewis**

**In loving memory  
of Burke**

**by Martha Lewis**



**Thanks to Martha Lewis for your generous donation.**

Newsletter or rent sponsorship is \$75. Contact us if you'd like to be a sponsor in memory of your loved one.

**Christopher Jeffers  
Forzano**

**In Loving Memory  
of Chris**

**by Mike & Jan Forzano and  
Barbara Forzano  
Zimmerman & John  
Zimmerman**



**Thanks to Barbara Zimmerman for your generous donation.**

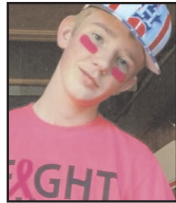
Newsletter or rent sponsorship is \$75. Contact us if you'd like to be a sponsor in memory of your loved one.



*We need not walk alone.*

"Sometimes love is for a moment. Sometimes love is for a lifetime. Sometimes a moment is a lifetime." —*Pamela S. Adams*

### December Anniversaries



Tanner Douglas



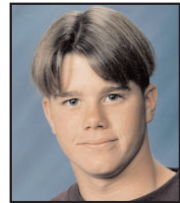
Christopher Loper



Felicia Hobbs



Gena Forest



James Fincke



Angela Frazier



Cheryl Graebner Cook



Jocelyn McCormick



Karen Lowe



Mike Loughmiller



Jessica Noelle Kirkpatrick



Tosha Nichole Minatrea



Tamy Land



Ashton Wayne Yates



Alfred Donnell Guthrie, III



Kristi Otteson



Tim Fry



Carmen Leanna Jenkins



Lee Sammons



Theresa Kay Talley



Kelly Ann Campbell



Margie Starkey



Jeremy England



Whitni Danielle Ray



Matt Thomas Crooks



Joey Green



Jeremy Simpson Brown



Jake Higgins



Lindsey Goen



James Snyman



Gauge Austin Thomas



Scarlet Lynne Smith



Jason Lee Eubank



John Miller



Cashley Jackson



Joshua Wilson

*Continued on next page.*



*We need not walk alone.*

"You may give them your love but not your thoughts. For they have their own thoughts. You may house their bodies but not their souls. For their souls dwell in the house of tomorrow, which you cannot visit, not even in your dreams." —*Kahlil Gibran*

### December Anniversaries Cont.



Jordan Mims



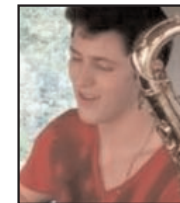
Wrangler Akin



Robin Reynolds



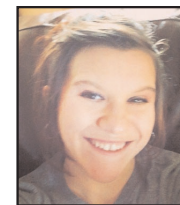
Aaron Yarbrough



Troy Saunders



Evelyn Faith Buchanan



Antonia Rothrock



Suzanne Glover



Martha Fields

Please share your stories, poems or love messages for inclusion in our newsletter.

### Survivors of Suicide

Parents and siblings of a young person who has completed suicide face an almost overwhelming burden of emotions. It is one of the cruelest tragedies that can happen to a family. To pull oneself out of the emotional wreckage is a mighty struggle. Each parent can be utterly devastated and unable to be supportive to their mate or to surviving children. Other family members are shocked and unable to cope with the event. They do not know how to console or help us. Our friends wonder, "How could such a thing happen?" They too, do not know how to help us. We struggle with the "Whys?"...the unanswered questions and painful memories.

We, who count ourselves as survivors—we've made it a year, two years, some of us are in the third year—would like to share a few thoughts. First, you are not alone. We understand whatever you may be feeling for we have been there! Suicide can intensify the feelings of shock, denial, guilt, anger, depression—all a part of the grief process. The course of recovery is up and down. Give yourself plenty of time. You need a great deal of support, at least through the first year. The suicide of one's child raises painful questions and doubts and fears. We can find ourselves in a spiritual crisis. We question our beliefs and may feel cut off from God. Through sharing with others and listening to others who have walked the same path, you may gain some understanding of your reactions and learn some ways to cope.

But most of all, we, who are in the process of rebuilding our lives, have not forgotten the dark hours of those early days and weeks when we thought we could not live again. We cannot offer you any shortcut through the pain. There isn't any. But you can help yourself along the way to healing. We can offer you support, encouragement, and the hand of friendship.

*JoAnn Dodson, TCF, Louisville, KY*

**Thank you** for your generous donations to TCF of Tyler. These 'love gifts' allow us to provide our local chapter with special events, the TCF Newsletter, our website and more!





*We need not walk alone.*

"Love knows no limit to its endurance, no end to its trust, no fading of its hope; it can outlast anything. Love still stands when all else has fallen."  
—Author unknown

### Christmas Without My Child

Last night we held our Compassionate Friends chapter meeting for November: the topic was Holidays and Grief. We met in small groups to discuss how we are going to get through this most difficult of times. While we found no single answer, we did make some discoveries about ourselves. We also found some basic ways to take control of our lives.

In our group of eleven were several newly bereaved parents. Deep sorrow and anxiety were apparent in each face as we opened the dialogue—a discussion of the holiday season without their children. This anxiety and deep sorrow immediately became mine; I am that parent, I am still on the first leg of what may be a long journey without my child. Their tears were mine as we talked.

As the discussion progressed, I could see a bit of each parent's tension slowly release. I felt as if I could read their minds: give me some answers, tell me I will survive this, tell me how you did it. The answers were all different; the reassurances of parents who had lost their child and survived that first heartbreaking holiday were there. Some of the answers came from the newly bereaved as they explored their inner feelings.

We found consensus on one important factor: we must give ourselves permission to do what makes us most comfortable. We are not the caretakers to the world right now; we must take care of ourselves. If established traditions bother us, then we must turn to something else. What is the point of pouring salt into this open wound? Perhaps next year or the year after, when the wound is not so fresh, we will want to return to former traditions. Perhaps not.

Through tears and some light laughter, we realized that we are not invincible. We are not responsible for the happiness of friends and extended family. We do not have to meet the expectations of others. We must accept our emotional limitations and the psychological and physical toll that grief takes on us. We must slow down and change our perspective. We must do what is right for us, especially during the holidays.

Most of those who had been through at least one holiday season without their child felt that making changes for the first year or two was a positive step forward. We found that talking honestly with our family about our feelings might make them feel temporarily uncomfortable but it did clear the air about expectations. We agreed that limiting our casual social relationships negated the need to make explanations regarding our lack of interest in holiday celebrations. By "dropping out" we also eliminated obligations in many areas. This gives us the freedom to choose simplicity over stress, essentials over hassles and flexibility over anxiety. This gives us the opportunity to live in the moment, go where our emotions take us and listen to our hearts.

While we all agreed that the holidays are overwhelming for parents whose children have died, we also agreed that we are each individuals and we each perceive the world differently. Some of us want and need the old traditions during the holiday season. Some of us need to be with people who are not part of our grieving process. Others among us felt that solitude and simplicity were the answer.

The answer to the question of how we get through the holidays is found within each one of us. We each have our own truth. The challenge, we decided, is to honor that truth and hold the line against external pressures. A few of our newly bereaved parents could barely choke out a word or two. Others were more vocal. While grief consumes some of us for many, many years, others appear to "go with the flow" of life very early in their grief. What feels right for one of us may be abhorrent to someone else.

One universal truth did emerge from our conversations: we miss our beautiful children and love them as deeply as when they walked beside us. We live in this purgatory each day of the year, but during the holidays it seems most oppressive. Our children have been torn from our lives forever. Daily life and special traditions will always reflect the deep void that has become our reality. We need our Compassionate Friends at the holiday season. We need to know that others have walked this road, have lived this nightmare and have managed to survive. We each continue to rediscover hope through our Compassionate Friends. And in finding that hope we have given and received the purest gift of the season: the possibility of peace.

*Annette Mennen Baldwin, TCF, Katy, TX  
In memory of my son, Todd Mennen  
November 9, 2005*



*We need not walk alone.*

"You loved; therefore, you grieve. You may succeed in postponing your grief for a time, but it will resurface some day in some way. You are encouraged to deal with it now so that it won't be waiting ten or fifteen years down the road for you." —Mary Cleckley

### December Birthdays Cont.



**Gregory Thomas Davis Jr.**



**Tim Fry**



**Carmen Leanna enkins**



**Alec Heath Thigpen**



**Sarah Wheeler**



**Justin Turbeville**



**Jennifer Massey**



**Wrangler Akin**



**Allison Hiett**



**Shelby Williams**



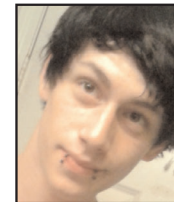
**Christopher Forzano**



**Derek Russell**



**Britney Trahan**



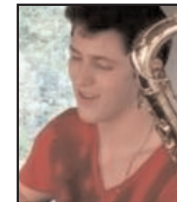
**Kaleb Mize**



**Kevin Paul Elbert**



**Zayin Wells**



**Troy Saunders**



**Evelyn Faith Buchanan**

### Candles in the Night

A heart broken by the death of a child can never be healed. As parents we try every way that can be thought of to cope with the loss, but the void will always be there. At first that emptiness seems to take your breath away and most times we wish it would.

This becomes different with the passage of time. It never goes away, but at some point we learn to live with it, and in fact this horrible feeling becomes a lifeline of sorts. One of our biggest fears is to forget our children. Forget how they looked or how their voices sounded. The smiles and tears that blur together to make a child. This emptiness in effect becomes a constant yearning to remember our children.

Our hearts force us to find ways to fill that void to maintain our role as parents. Some are as simple as visiting the cemetery and some are as complex as changing our entire lives, dedicated to the memory of our child. In between are the many rituals we create or borrow from others to honor the memories and to keep our child's name alive.

Lighting a candle and saying a child's name keeps their memory burning bright. It means we are struggling to cope with this unwanted role of bereaved parent in the only positive manner we can. We will most certainly shed tears every time and we will still miss our child, but we are doing something that allows the world to hear our child's name and for that one moment the candle means so much more than anyone else could ever understand.

For a fleeting second that is our universe and every memory we have comes flooding back to us as we see the flame through tears, distorting it into something magical. It's the only gift we can give our children. This is as close as we can get to our child now. A tiny, flickering flame that can warm the heart and it's nice to think that perhaps they can see it also. It's a beacon, our light in the window, our shining star in the darkness. It's an opening of our hearts and a way to share our grief.

We gather to honor the memories of our children and to share this bond of lighting a candle for the children all over the world. We miss them so much.

*Jim Lowery, TCF, Sugar Land/SW Houston Chapter*





*We need not walk alone.*

"When your mind cannot find an answer,  
open your heart and ask for peace."  
—sascha



*We need not walk alone.*

"When I come to the end of my journey and I travel my last weary mile, just forget, if you can, that I ever frowned, and remember only the smile."  
—Author unknown

## A Christmas Story

When I was just a little girl  
Around the age of three  
I remember a Christmas  
When Santa came to see me

A doll wrapped up  
In a pretty bright red bow  
Long golden hair to stroke  
Oh my, how my heart glowed

And then came a Christmas  
Later on in time  
When I shared my first Christmas  
With a son that was all mine

A few years later down the road  
When he was only five  
I didn't know it would be  
The last Christmas in my life

Now on Christmas  
As many in all these years  
I spend my days at a grave  
Shedding many tears

The Holidays come every year  
That, I cannot change  
But through all my memories  
My memories I can rearrange

I can remember all the good years  
That he and I had shared  
I can still here the giggles  
When he got that talking teddy bear

I can remember the hugs and squeals of "OH MOM"  
As each gift he opened on that day  
I can sit back and smile remembering  
Before the angels took him away

Now I am older than I once used to be  
But my mind drifts back  
To what once was on Christmas  
When my son was on earth with me

I tuck my head to fight the snow  
As I wade through the fenced in graves  
I've got my gift to give to him  
On this years' Christmas Day

*Sharon Bryant*  
*In Memory of my son, Andrew Frank Dunbar*  
*(Permission for TCF chapters*  
*to reprint granted by the author)*

## Candles in the Night

Candles flame in darkness,  
flicker, steadily glow,  
bringing light from shadows  
and help to soothe me so.  
My daughter, like the candles,  
gave my life true light.  
I use the candle's beacon  
to connect us in the night.  
As I light the candles,  
my wish and my request  
is that she'll see my signal  
and know my love's expressed.  
As her light joins my lights,  
our worlds touch and flame.  
As I snuff out the candles,  
I softly say her name.

*Genesse Bourdeau Gentry*  
*from Stars in the Deepest - After the Death of a Child*

## First Christmas

It can't possibly be Christmas  
without her being here.  
Yet the world is singing round me,  
joyful tidings and good cheer.

Though I try to put on armor  
and brave the sights and sounds,  
a few moments worth of shopping,  
and the tears are spilling down.

I pray for strength to do it,  
find a path through holidays,  
look for shortcuts, good ideas,  
some directions through the maze.

Then I find at last the answer:  
I'll include her symbolically.  
And the giving becomes perfect;  
her love's flowing down, through me.

*Genesse Bourdeau Gentry*  
*from Stars in the Deepest - After the Death of a Child*

**Please share your  
stories, poems or love messages  
for inclusion in our newsletter.**

## Newsletter Submissions

TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, Texas 75711. Or e-mail text and photos to: [info@TylerTCF.org](mailto:info@TylerTCF.org); We reserve the right to edit for space and/or content.

Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source.

Errors and Omissions: We try very hard to be sure that all of the names and dates of our children are correct. If you see an error in the newsletter, please contact TCF at 903-422-0358. We want to get it right and will correct the information for future use. Thanks very much.

Email Addresses: If we do not have your email address or it has changed, please email it to [info@tylertcf.org](mailto:info@tylertcf.org) so that we may email you announcements and updates about TCF of Tyler.

**Sign up for email notifications of  
events and to be notified when the  
newsletter is posted online at:  
[www.tylertcf.org](http://www.tylertcf.org)**

## Donations Appreciated!

**Please consider making a donation to  
your local TCF group, which serves  
East Texas. Donations help pay for rent,  
electric, mailing and paper cost of our  
newsletter, bank fee, P.O. Box fee, office  
supplies and more.**

**We are thankful that Skillern's Business  
Systems has printed our newsletter at  
no cost for years. If you need office  
automation solutions, please contact  
them and tell them TCF sent you. Visit  
them online at [www.skillerns.com](http://www.skillerns.com), or  
call 903-561-5591.**

## Announcements

**Meeting Info:** The meeting location is 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762. Our meeting is held on the third Monday of the month at 6:30 p.m. For more information, please call 903-422-0358.

**Steering Committee Meeting:** If you are interested in participating in our chapter by serving on the steering committee, please plan to attend a steering committee meeting. Anyone who would like to become more involved in TCF and serve on the steering committee is welcome to come! Email us at [info@tylertcf.org](mailto:info@tylertcf.org) to get involved!

**News from National:** Compassionate Friends National offers webinars for the public on grief related topics. Upcoming public webinars will include Death of a Child By Suicide, Pregnancy and Infant Loss, The Death of a Special Needs Child and How Can I Help When A Child Dies? Check out [www.compassionatefriends.org](http://www.compassionatefriends.org) for dates and times.

## TCF Quilt Announcement!

We are compiling names and photos for our 7th quilt! Please mail your \$30 donation for a square, child's name, and make sure we have a quality picture of your child that will show up well. Let us know quickly as we anticipate the list of 30 will fill up fast. You can mail your donation to TCF Tyler PO Box 9714 Tyler Texas 75711, please note on your check what it is for. Photos or questions can be emailed to [info@TylerTCF.org](mailto:info@TylerTCF.org).



**Remember to visit our website for a long list of  
TCF newsletters: [www.tylertcf.org](http://www.tylertcf.org)  
Also, TCF's National website has lots of great  
resources: [www.compassionatefriends.org](http://www.compassionatefriends.org)**

