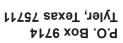


Thanks to Skillern's Business Systems for printing our newsletter!

Skillern's Business Systems 1604 Grande Blvd., Tyler, TX 75703 903-561-5591 • www.skillerns.com

IMPORTANT NOTICE: We have a NEW meeting location!
Please join us at 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762.
We hope to see you at our next meeting!











August 2018

Volume 19, Issue 8 Tyler, Texas

Monthly Group Meeting Tyler Area Meeting

17555 Hwy. 155 S. (off Loop 49) Flint, TX 75762

Contact

Phone: (903) 422-0358 www.TylerTCF.org • info@TylerTCF.org P.O. Box 9714 • Tyler, TX 75711

Co-Chapter Leaders:
Cheri Zucca & Trish Mann Taylor
Secretary: Trish Mann Taylor
Newsletter/Website: Mary Lingle
Tyler Meeting Facilitators:
Leslie & Don Dixon

Steering Committee: Lisa Schoonover, Cheri Zucca, Don & Leslie Dixon, Janet Majors, Trisha Mann Taylor, Barbara Barton, Heather Ogg, Mary Lingle,

Joan & Bill Campbell, Regional Coordinators: (972) 935-0673 TCF National: (877) 969-0010 www.compassionatefriends.org

The Meeting Agenda

6:30 p.m. - Meeting will begin with refreshments followed by announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.

8:00 p.m. - Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

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Summer Time, Vacation Time, Family Time

I'll bet you never dreamed that there would ever be a time in your life when you would not welcome vacation from work...and the day-to-day hassles of routine living. It's probably a shocker to you that the slow pace of summer, cookouts, softball games, etc., are now a nightmare. Everywhere we go, there are kids out of school enjoying their leisure time, and our bodies jolt as we search for our own absent child who enjoyed this time of the year with a passion!

Surrounded by summer fun, a bereaved parent needs only look around and there are painful memories at every corner. When we are faced with all the living, loving happy families with their children, the anger boils within and we feel very cheated. And this year we are afraid to go back to the beach cottage we've visited every year, or to the favorite mountain retreat where we laid around for a week and relaxed, or the amusement park where the kids had to ride every ride and see every attraction, no matter what the temperature was. Yes, fear of our memories, fear of too much time to think, fear of too many kids, fear of bursting inside from our pain...all of these feelings are part of the first few years of summer vacations for bereaved parents.

It's been nine years now for me, and I need to tell you that it will get easier, but I found that for the first few years I needed to consciously change some of my routines in order to deal with my fears. I could not visit the same places we had visited when Todd was with us. We tried new experiences in new places with new people. That isn't to say there weren't some down-times; however, the faster paced vacations worked better for us. I could not allow myself too much time to think. I enjoy those weekends away now, but for the first few summers I had to dig in the yard, repaint lawn furniture, rearrange the garage, and the multitude of busy projects we'd been putting off for the lack of time. That was a better vacation for me than forcing myself to go somewhere and feel miserable.

You've read it a hundred different times, you have to find your own way and your own peace—leave yourself room to escape if it becomes necessary. If you can find any enjoyment and relaxation, relish it...you deserve it, and it does not mean you don't care. It simply means you are healing Now I walk down the beach and enjoy the solitude, or laugh when I see a toddler, or listen to the joy of kids laughing, and it warms my heart. Yes I miss him, but I know he enjoyed every minute of this season, and I know that's what he'd want for me...and thank God, I can do it once more!

Reflections in Sand & Time

I looked across the lake, then onto the sand, wishing I was still standing there holding your small hand. Sand castles, buckets and shovels flashed into my mind, as I remembered all those precious memories you left behind. Tiny footprints took me many, many years back in time, but of those I looked at—yours I couldn't find. But as I stood there going so far back in the sand, I almost could feel you holding my hand.

Linda T., TCF York, PA

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



"Why not ask me? I hear it again and again, one friend asked another how I've been. How hard, really, would it be to pick up the phone and just ask me?" —Genessee Bourdeau Gentry

Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (held the third Monday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

The Compassionate Friends of Tyler P.O. Box 9714 Tyler, Texas 75711

To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any "oldies" to welcome you, share your grief and encourage you? It was from them you heard, "Your pain will not always be this bad; it really does get softer."

Grief Resources

Note: Some resources are based on individual opinion and experience and are not officially endorsed by the organization. The hope is that you may find a grief resource helpful to you and your family. We will continue to build on our resources column. Please let us know of any of your personal recommendations. Thank you.

Compassionate Friends (International Website) compassionatefriends.org Also offers grief support for **siblings** & **grandparents**

The Childrens Park: www.childrensparktyler.org **Glory Babies** meets the third Tuesday of every month at 6:30 p.m. at Alison house next to The Children's Park of Tyler: www.glorybabies.com

GriefShare: www.griefshare.org

Smith County Victim Services Division www.tdcj.state.tx.us/divisions/vs/counties/smith.html

The Hospice of East Texas: www.hospiceofeasttexas.org

Victim Services Division - Texas Department of Criminal Justice - Online Resource Directory www.tdcj.state.tx.us/divisions/vs

Survivors of Suicide: www.allianceofhope.org

Samaritan Counseling of Tyler: www.scctyler.org

Tyler Counseling & Assessment, LLP: www.tyler-counseling.com

Angel Layettes brings comfort to families grieving over the loss of an infant from miscarriage, stillbirth or death shortly after birth, and honor and dignity to the memory of the precious baby. Angel Layettes provides without charge custom designed burial layettes and keepsakes. angellayettes.org • 903-534-5212

University of Texas at Tyler Psychology and Counseling and Training Clinic: 903-593-2348

The Cope Foundation: www.copefoundation.org

Grief Camps for Kids: www.moyerfoundation.org/programs

WINGS was established through Hospice of East Texas in 1993 to help children navigate the grieving process. WINGS, "a comprehensive bereavement program that provides both emotional support and grief education," offers a camp (Camp G – grieve, grow and go forward) twice a year. For more information or to register for a grief support program, contact the Hospice of East Texas Bereavement Department at 903-266-3400 (Extension 127) or call 1-800-777-9860.

Group Meetings for Survivors of Trauma and Survivors of Suicide Loss, sponsored by Michael's House of Hope at the New Life Worship Center, 18535 Hwy. 69 S., Tyler, room 620. Call Dr. Timothy M. Roddam at 903-681-3161 for more information. Survivors of Trauma meets the the second Thursday of each month from 6-7 p.m.



We're on Facebook! Search for The Compassionate Friends of Tyler and Like our page.



(Signature)



The Compassionate Friends

The Compassionate Friends of Tyler

P.O. Box 9714 Tyler, TX 75711

We are happy to send our newsletter to you. We hope that it is helpful to you to be kept informed of chapter resources and activities and that you still wish to receive our newsletters that contain excellent material relating to grief issues.

To keep our mailing list current, we do ask to hear from you each year making sure that our information is correct and that you still wish to receive our mailings. If we did not hear from you in the last year please indicate any appropriate choices below and return the form to the address at the bottom of this page.

return the form to the addi	less at the bottom of this page.			
Your Name:				
		Relationship:		
Birth Date:	Death Date:	Cause of Death:		
Address:				
			Zip:	
Home Telephone:				
E-mail:				
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☐ I prefer not to receive address you have on file		uld like to continue ha	ving a hard copy sent to the mailing	
☐ Please update my mail	ling address:			
☐ No thank you, I'd pre	fer to stop receiving the newsletter	. (Newsletters are posto	ed monthly on our website.)	
☐ Please include my child	I's name and picture in the slide pres	entation at the Candle L	ighting Ceremony.	
☐ Please include my child	I's picture and information on the TC	CF Tyler Web site. (www	7.TylerTCF.org)	
☐ I am enclosing a memo	rial to support The Compassionate F	riends in the amount of		
☐ In memory of			Please make check payable to TCF	
	☐ TCF Newsletter ☐ Butterfly Relea		☐ TCF Events	
	napter's work depends on donations. Onsider taking this time to give a gift		opportunity to give a donation in mem- to other newly bereaved parents.	
Lighting Ceremony or any		e withdrawn at any time	are in the newsletter, Web site, Candle by written request. This information is er activities such as the newsletter.	

Please return completed form to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, TX 75711

Date:

"We have many relationships in our lives, but the unique nature of the parentchild relationship is so special, so deep, so life changing, that we endure and even embrace the pain because we had, for that time in our lives, a relationship of pure love and pure joy with our child." —Annette Mennen Baldwin

August Birthdays







Tosha Nichole Minatrea





Rowdy Cunningham



Ashley Allison







Montie Norvell

Marcos Lopez













Haven Grace Davis



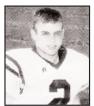
Cory Wayne Channon



Ashlee Ann Davis



Pharaoh Lvdia









Phoebe Fair



McKeethan

Addison Rost



Eubank

Nathaniel "Blake"

Dark





Kristi Otteson



Justin Bynum



Dawson Nathaniel

Harned

Alyssa Kathryn Crim



Dwayne Russell

Alyssa Howerton

Thank you for your generous donations to TCF of Tyler. These 'love gifts' allow us to provide our local chapter with special events, the TCF Newsletter, our website and more!



"It is okay to be angry, and it is important to express, not suppress, anger. Suppressed anger can result in deep depression. It is also all right to be angry with God. He is forgiving and understands our emotions. He would rather have us be angry with Him than shut Him out." —Penny A. Blaze

.....

Grief & Vacation Time

Vacation time, like holidays, can be especially painful for bereaved parents. Vacations, especially the "take it easy" kind which release the mind to think, are sometimes very hard. For the few years, you may find fast-paced vacations to be best. Places you have never been before, new experiences, new places, new people may refresh you and prepare you to pick up your grief work when you return. Our memories do travel with us, but somehow they seem less painful than at home. Remember to allow enough time for rest—an exhausted body will often lead to depression.

Some couples have even found an occasional separate vacation or weekend to be helpful. Allow space, since you are not grieving at the same rate. When you go alone, you do not take your mate's memories, only your own. It can be a time of sorting out and straightening priorities. The bottom line is, you must find your own way. Don't be afraid of change.

Leona D., TCF Amarillo, TX

For Austin

It has been five years and I still can't watch videos of you,

Your Mom cries herself to sleep every night and she thinks I don't know. But I cry in the car when I'm alone and people can't see.

Why did you leave us alone in this place two, not three? You were our miracle child after so may losses. Our hopes were so high, did you start to despair?

We wish every day that you were still here, Our heart wants only to see you again, living over your last day with our each living breath.

Bill Wilson, TCF Glendale, AZ

Toni Wood

In loving memory of Toni

by Tami Wooldridge



This month's newsletter is sponsored by Tami Wooldridge.

Newsletter sponsorship is \$75. Contact us if you'd like to be a sponsor in memory of your loved one.

The Compassionate Friends The Compassionate Friends

"Each of us has the same opportunities now as we had before. We can permit time to simply pass, or we can work to mold its passage into constructive growth." —Don Hackett

We need not walk alone.

"Those who weep recover more quickly than those who smile." —Jean Giraudoux

August Anniversaries



Shannon Scheffler





Alex King



Austin Cheek



Dawson Nathaniel Harned



John Kluepple



Bobby Jack Stanley



Xander Rebel Kelly

Addison Rost



Brevon McCarty



August Anniversaries cont.

Riley Noah Oden

Hudson Ray Hutchins



Please share your stories, poems or love messages for inclusion in our newsletter.

Michael Holdway

Jill Marie Rozell

Stephen "Chadwick" Darrell Lynn Sallas, II



Paul Ragsdale



Lorie McLain

James Jenkins



Sandi McLain

Dustin Dewayne Bruce



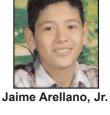
LaDerrius Darden



Aaron Willman



Montie Norvell



Joe Maland

Williford







Erik Scott McKinney



Dawn Marie Wilson

Sheila Nolen



Cameron Robinson

Burchfield

Dustyn Sandifer







The Gate to Tomorrow

There is a gate that each of us has unknowingly passed through. This gate opens only one way...once we have passed through this gate we cannot return to the other side. Each of us stepped through the gate at a different time and in a different way. This gate opens to the world of parents whose children have died; it is their gate to every tomorrow.

There is no other place that compares with life in this world beyond the gate; there is no sorrow like the sorrow inside the gate. The numbing pain and perpetual agony we experience when first stepping through this gate are so overwhelming that we often don't immediately realize that there will be no return. But we will never return to life before the gate.

The new world inside the gate is populated with friends who are strangers and strangers who are friends.

Our perspective on life has changed forever. Few of our friends from life before the gate will linger with us now; these people are now the strangers. Our pain is all encompassing; they have lives to live, things to do, plans to make, happiness to capture. We are no longer part of their picture. Rare is the friend who stands by us inside the gate...stands by us until one of us dies and leaves the world inside the gate.

The strangers who are now friends live inside the gate with us. Some have just come through the gate; others have been here a long, long time. But these strangers who are now friends share our experience; they understand our need to talk about our children, each life and each death. They applaud our tiny advances toward acceptance and serenity and peace. Although we can never go back to life before the gate, we now have our compassionate friends...once strangers but now kindred souls who share our lives and our world.

Life will not be the same again, yet life can be good again. Inside the gate we will each find ourselves with the help of our compassionate friends. They know our child's name better than they know our name. And that's how we want it to be... remember our children.

Remember with us.

Annette Mennen Baldwin; In memory of my son, Todd Mennen; TCF Katy, TX



The Compassionate Friends The Compassionate Friends



"Eventually we can relive our memories with real joy, grateful for them and even more appreciative of the time we had together. If you are in the midst of painful memories at the moment, take heart that it will not always be so."

-Shirley Ottman

Starting Over Again

As parents, how many times have we told our children to try, try again? "You can do it, just start over," we'd say, be it a coloring book not kept within the lines, learning to tie shoes, school assignments, or later, other difficulties that life brings.

Little did we think that this well—meaning advice we gave out of love for our children's well—being would be the words that we must follow. Hang on. Don't give up. Try again, and start over. All this now applies to us. Had the situation been reversed, we would not have wanted our children to live out the rest of their lives in pain, and unable to go on. We would have wanted them to continue, not in constant sorrow, but with hope for renewal and better days ahead.

As we have said to them—they would be throwing it right back to us—it is a hard road that you must travel, but you can do it. What you wanted for me, I want for you. Do what you have to, to find your way out of the dark tunnel, and when you fail, pick yourself up and start over again. You can do it. What we wanted for our children is no less than they would want for us. If we could hear them, right now, they would be saying: LIVE, for life is not a moment. LOVE, for that is what really matters. GO ON, for we shall be together again, someday.

Mary Ann L., TCF Glouster County, NJ

Thank you for your generous donations to TCF of Tyler. These 'love gifts' allow us to provide our local chapter with special events, the TCF Newsletter, our website and more!

Thanks for your donations and continued support of TCF of Tyler.

In loving memory of Alex Conway by Robert & Trisha Taylor



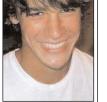
In loving memory of Candice Lingle by Mary Lingle



In loving memory of Andy Terrell by David & Teresa Terrell



In loving memory of Chris O'Leary by Merri Walsh



In loving memory of Leah Zucca by Jim & Cheri Zucca



In loving memory of Chad Cavazos by Dale Cavazos



In loving memory of Christopher Loper by Tina Loper



In loving memory of Jared Sheets by Carol & Shane Johnson



In loving memory of Stephanie Settle by Danny & Pat Settle





"The bottom line is that we are not invincible or perfect; we are only human. We did the best that we could with what we had to deal with at the time. Our children know this; they love and forgive us for our own humanness and associated imperfections, and I believe would want us to forgive ourselves as well."

—Cathy L.Seehuetter

Summer Memories

Summertime is a happy time for most people in this country: vacations, holidays, family reunions, relaxed days at the pool, evenings in the backyard talking with family and friends, the smell of a fresh rain, the long days, the cooling nights, fresh mown grass and flowers that bloom profusely.

Despite Houston's heat, summer has become a treasured time for me. My son was a child of summer. Born in May, he loved the summer sun on his face and the wind in his hair as he first rode a tricycle, then a bicycle, then drove a car. Those were wonderful times for him. The summer solstice on June 21 was a favorite day for us both. Since the summer solstice is the longest day of the year, Todd particularly loved to watch the sunrise and sunset. I found myself doing that again this year. As I looked at the sun directly overhead at noon (1:00 pm DST), I made the comment that this is the one perfectly balanced day of the year. Later as I watched a beautiful solstice sunset, I remarked to my husband about the light....the gorgeous light. I was seeing Todd in that light. He was laughing, chasing lightening bugs, running and spinning and turning, filled with the joy of summer. He was happy.

I listened to the neighbors' children playing, and I thought about all the wonderful summer days I had spent with my son. I am thankful that I had that time. I am thankful that my child was a son of summer. He found much joy in nature, in the outdoors, in activities that took him out of the ordinary and into the sublime.

That's how it is for bereaved parents. We eventually come to a place where we realize that our joyful memories have overtaken the pain of the loss of our child to death. We wouldn't trade the time we shared with our children for anything or any other experience. We have many relationships in our lives, but the unique nature of the parent-child relationship is so special, so deep, so life changing, that we endure and even embrace the pain because we had, for that time in our lives, a relationship of pure love and pure joy with our child. There is no way to measure the depth, width or volume of a parent's love. It exceeds every other human relationship. Yes, we miss them terribly. We weep silently into our pillows at night. We light candles, take flowers to the cemetery, wear their favorite colors, treasure pictures of our children and keep them forever in our hearts. This is a big part of life for every bereaved parent.

Somehow, on the summer solstice, I felt my child's presence in the light of the day and the beautiful rose color of the solstice sunset. I could hear his voice, see his smile and feel his emotions. Peace slips into our hearts in extraordinary ways.

Annette Mennen Baldwin: In memory of my son, Todd Mennen: TCF Katy, TX

Grief is Like a Jigsaw Puzzle

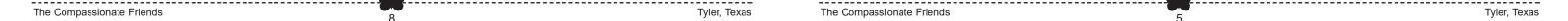
Grief is a smorgasbord where you go down the line picking a little of this and a little of that.

Grief is like a jigsaw puzzle, some people get all the edge pieces together first and work from the outside in. Others dump everything out on the table at once and dive right into the middle. Some never open the box at all, they just look at the picture on the lid and wonder why what's inside doesn't match or make sense.

You meet a lot of people when you start a jigsaw puzzle. Some are full of advice, or they may try to make the puzzle look the way it ought to be instead of the way it is.

But, once in a while, you meet someone who shares their own finished puzzle and helps you make sense of yours. Then you find it is not as hard as before. Some of the pieces fit together more easily, and you sigh with relief—and remember.

From Suicide Bereavement Support, SW Washington & NW Oregon, July 1998





"If we could hear them, right now, they would be saying: LIVE, for life is not a moment. LOVE, for that is what really matters. GO ON, for we shall be together again, someday." —*Mary Ann L*.

_____·

To My Sister

Today was one of those days, a day without you. When you're gone the clouds turn the sky gray.

I cried and cried until dawn, because you weren't there to catch them, my tears ran dry.

It's just not fair i need you here, why did you have to die?

I am just a teenage girl in a teenage world, just a girl who needs you in her world.

But instead of finding you when i needed you i found you on the floor, gone forevermore.

After 3 years without a sister, I had a nightmare. You told me not to be sad, but its not fair it makes me mad. Make-up, lies, boys, all the way to the drama, been there done that is what you would say.

So I wait, and i try, but i confess like a child, I need you here, i need you now.

So have fun with your wings, just remember after three years it still stings.

Stormie Thoene, in memory of Erica Smith TCF Tyler, TX

Gone Too Soon

Like a comet blazing across the evening sky, Gone too soon.

Like a rainbow fading in the twinkling of an eye, Gone too soon.

Shiny and sparkly and splendidly bright... Here one day, Gone one night.

Like the loss of sunshine on a cloudy afternoon, Gone too soon.

> Like a castle built on a sandy beach, Gone too soon.

Like a perfect flower that is just beyond your reach, Gone too soon.

> Born to amuse, to inspire, to delight.... Here one day, Gone one night.

Like a sunset dying with the rising of the moon, Gone too soon...Gone too soon.

From Suicide Bereavement Support, SW Washington & NW Oregon, July 1998

Love's Lasting Touch

Don't weep for me when I'm gone, Because I'll always be there. My spirit will exist in all the earth, In the water, trees, and air.

You'll hear me say, "I love you," In the whisper of a breeze. You'll know that I'm beside you, With the rustling of the leaves.

You'll feel my arms caress you, In the warmth of each sunrise. The moon will be my goodnight kiss, The stars my watchful eyes.

Your life will be my legacy, Your memories my epitaph. These ties will bind us together, Till we meet on heaven's path.

I'll not ever desert you, We'll never be far apart. I'll live within you always, Nestled deep inside your heart.

Jacquelyn M. Comeaux ©1994 Reprinted by permission of author In Loving Memory of My Angels... Michelle, Jerry & Danny

Eight Tsunamis

Imagine
eight tsunamis,
crossing the same place
overlapping
overwhelming
obliterating
force and power
unleashed in destruction
aftermath:
decimation

the experience of my daughter's death.

Katrina Son. TCF Medford. OR



"There is a gate that each of us has unknowingly passed through. This gate opens only one way...once we have passed through this gate we cannot return to the other side. Each of us stepped through the gate at a different time and in a different way. This gate opens to the world of parents whose children have died; it is their gate to every tomorrow." —Annette Mennen Baldwin

Love Gifts



Thanks to the following people who make a MONTHLY LOVE GIFT to TCF of Tyler:

(For monthly donors we will post photos of your children.)

Merri Walsh in memory of Chris O'Leary - rent Carol & Shane Johnson in memory of Jared Sheets - rent

Danny & Pat Settle in memory of Stephanie - rent

Jim & Cheri Zucca in memory of Leah - rent Robert & Trisha Taylor in memory of Alex Conway - rent

Barbara Barton in memory of Lindsey - rent

Dale & Phyllis Cavazos in memory of Chad - newsletter

Tina, Johnathan & Heather Loper in memory of Christopher - TCF Phone

David & Teresa Terrell in memory of Andy - rental of a storage building

See more love gifts on page 7.



Newsletter Submissions

TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, Texas 75711. Or e-mail text and photos to: info@TylerTCF.org; We reserve the right to edit for space and/or content.

Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source.

Errors and Omissions: We try very hard to be sure that all of the names and dates of our children are correct. If you see an error in the newsletter, please contact TCF at 903-422-0358. We want to get it right and will correct the information for future use. Thanks very much.

Email Addresses: If we do not have your email address or it has changed, please email it to info@tylertcf.org so that we may email you announcements and updates about TCF of Tyler.

Sign up for email notifications of events and to be notified when the newsletter is posted online at:

www.tylertcf.org

Announcements

NEW MEETING PLACE! The new meeting location is 17555 Hwy. 155 S. (off Loop 49), Flint, TX 75762. Our meeting is held on the third Monday of the month at 6:30 p.m. For more information, please call 903-422-0358.

Steering Committee Meeting: If you are interested in participating in our chapter by serving on the steering committee, please plan to attend a steering committee meeting. Anyone who would like to become more involved in TCF and serve on the steering committee is welcome to come! Email us at info@tylertcf.org to get involved!

News from National: Compassionate Friends National offers webinars for the public on grief related topics. Upcoming public webinars will include Death of a Child By Suicide, Pregnancy and Infant Loss, The Death of a Special Needs Child and How Can I Help When A Child Dies? Check out www.compassionatefriends.org for dates and times.

Event reminders for parents:

- If anyone is interested in singing at the Candle Lighting in December or if you know of anyone who is blessed with musical talent, and would like to participate, please contact us.
- If you have a butterfly release sign, please put it out the end of April or first of May.
- If we are storing your butterlfy sign, please contact us to pick it up the end of April or first of May so you can put it out at place of your choice.
- Pre-Registration is required every year to have your child's picture in the butterfly garden. (We are very sorry, but due to growth we need to know who will be attending.)

VOLUNTEER OPPORTUNITIES!

Dear TCF Members,

As always, we welcome volunteers to serve in any capacity within our group, including sending out birthday and anniversary cards each month.

It's only July, but before we know it, we'll be planning our Annual Candlelighting Ceremony for December.

If you'd like to get involved as a voluteer or steering committee member, please reach out to us. We'd love to have you aboard!

Sincerely,

Cheri & Trisha

